

Torneio "Dia Olímpico"
Coimbra, 10. - 11.5.2008

1 - 1ª Jornada

10.5.08 - 16:00

Prova 1
10.5.08 - 16:00

Femin., 400m Livres

12 anos e mais velhos
Resultados

Pontos: FINA 2004

Lugar	Ano								Tempo final	Pts
12 anos										
1.	Florbela Cavaco, MACHADO			96	A.S.S.S. Columbófila Cantanhedense				5:20.39	451
	50m:	36.91	36.91	150m:	1:59.26	40.94	400m:	5:20.39	2:40.37	
	100m:	1:18.32	41.41	200m:	2:40.02	40.76				
2.	Ana Carolina, LEAL			96	Clube Náutico Académico				5:30.13	412
	50m:	35.97	35.97	150m:	1:59.02	42.15	400m:	5:30.13	2:47.97	
	100m:	1:16.87	40.90	200m:	2:42.16	43.14				
3.	Maria Joao, PAIXAO			96	Ginásio Clube Figueirense				5:30.62	410
	50m:	37.13	37.13	150m:	2:01.00	42.94	400m:	5:30.62	2:47.32	
	100m:	1:18.06	40.93	200m:	2:43.30	42.30				
4.	Ana Pinto, ALVES			96	A.S.S.S. Columbófila Cantanhedense				5:32.06	405
	50m:	38.86	38.86	150m:	2:01.82	42.11	400m:	5:32.06	2:48.45	
	100m:	1:19.71	40.85	200m:	2:43.61	41.79				
5.	Ana Carolina, CARVALHEIRA			96	Clube Náutico Académico				5:35.10	394
	50m:	37.92	37.92	150m:	2:02.84	42.13	400m:	5:35.10	2:49.54	
	100m:	1:20.71	42.79	200m:	2:45.56	42.72				
6.	Maria Amelia, GASPAS			96	Clube Náutico Académico				5:36.55	389
	100m:	1:20.63	1:20.63	200m:	2:47.22	1:26.59	400m:	5:36.55	2:49.33	
7.	Ana Luisa, COSTA			96	Clube Náutico Académico				5:37.27	386
	50m:	38.76	38.76	150m:	2:05.02	43.16	400m:	5:37.27	2:48.81	
	100m:	1:21.86	43.10	200m:	2:48.46	43.44				
8.	Ana Luisa, CARVALHO			96	Clube Desportivo Lousanense				5:39.85	378
	50m:	36.66	36.66	150m:	2:02.65	43.77	400m:	5:39.85	2:52.72	
	100m:	1:18.88	42.22	200m:	2:47.13	44.48				
9.	Carlota Moura, CARVALHOS			96	Clube Náutico Académico				5:45.11	361
	50m:	37.49	37.49	150m:	2:02.99	43.89	400m:	5:45.11	2:58.15	
	100m:	1:19.10	41.61	200m:	2:46.96	43.97				
10.	Filipa Costa, GASPAS			96	Junta Freguesia do Paião				5:54.25	333
	50m:	39.59	39.59	150m:	2:09.53	45.94	400m:	5:54.25	2:59.45	
	100m:	1:23.59	44.00	200m:	2:54.80	45.27				
11.	Ana Rita, ARTUR			96	Associação Académica de Coimbra				5:55.35	330
	50m:	38.35	38.35	150m:	2:05.74	45.71	400m:	5:55.35	3:03.75	
	100m:	1:20.03	41.68	200m:	2:51.60	45.86				
12.	Joana Faim, ALMEIDA			96	Ginásio Clube Figueirense				5:58.43	322
	50m:	37.55	37.55	150m:	2:07.24	46.76	400m:	5:58.43	3:05.28	
	100m:	1:20.48	42.93	200m:	2:53.15	45.91				
13.	Joana de Andrade, COSTA			96	Associação Académica de Coimbra				5:59.22	320
	50m:	38.29	38.29	150m:	2:07.12	44.28	400m:	5:59.22	3:04.78	
	100m:	1:22.84	44.55	200m:	2:54.44	47.32				
14.	Maria Ines, ALMEIDA			96	Clube Náutico Académico				6:01.67	313
	50m:	40.73	40.73	150m:	2:12.87	45.95	400m:	6:01.67	3:02.33	
	100m:	1:26.92	46.19	200m:	2:59.34	46.47				
15.	Maria Beatriz, RASCAO			96	Clube Náutico Académico				6:02.99	310
	50m:	40.26	40.26	150m:	2:11.92	46.81	400m:	6:02.99	3:04.47	
	100m:	1:25.11	44.85	200m:	2:58.52	46.60				
16.	Sofia Caramelo, FOLGADO			96	Clube Náutico Académico				6:12.59	287
	50m:	40.55	40.55	150m:	2:16.41	48.40	400m:	6:12.59	3:09.10	
	100m:	1:28.01	47.46	200m:	3:03.49	47.08				

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Prova 1, Femin., 400m Livres, 12 anos

Lugar	Ano	Tempo final	Pts
17. Francisca Silva, MARQUES	96 Associação Académica de Coimbra	6:14.63	282
50m: 40.59 40.59 150m: 2:12.45 47.27 400m: 6:14.63 3:13.83			
100m: 1:25.18 44.59 200m: 3:00.80 48.35			
18. Andreia Marina, PEDROSA	96 Junta Freguesia do Paião	6:27.47	255
50m: 41.68 41.68 150m: 2:18.98 50.13 400m: 6:27.47 3:18.52			
100m: 1:28.85 47.17 200m: 3:08.95 49.97			
19. Maria Miguel, SOUSA	96 Associação Académica de Coimbra	6:29.68	250
50m: 42.77 42.77 150m: 2:22.55 50.99 400m: 6:29.68 3:16.16			
100m: 1:31.56 48.79 200m: 3:13.52 50.97			
DNS Maria Ines, CARREIRA	96 Clube Náutico Académico		

13 anos

1. Tatiana Filipa, SANTOS	95 Ginásio Clube Figueirense	4:57.58	562
50m: 33.48 33.48 150m: 1:47.01 37.44 400m: 4:57.58 2:32.72			
100m: 1:09.57 36.09 200m: 2:24.86 37.85			
2. Carolina Cunha, MARTINS	95 Clube Náutico Académico	5:07.21	511
50m: 35.10 35.10 150m: 1:52.50 39.49 400m: 5:07.21 2:36.05			
100m: 1:13.01 37.91 200m: 2:31.16 38.66			
3. Adriana Correia, LOPES	95 Clube Desportivo Lousanense	5:08.89	503
50m: 37.00 37.00 150m: 1:56.48 40.11 400m: 5:08.89 2:33.43			
100m: 1:16.37 39.37 200m: 2:35.46 38.98			
4. Rita Amado, LAEZZA	95 Associação Académica de Coimbra	5:15.32	473
50m: 35.43 35.43 150m: 1:55.49 40.80 400m: 5:15.32 2:38.98			
100m: 1:14.69 39.26 200m: 2:36.34 40.85			
5. Ana Claudia, CORDEIRO	95 Associação Académica de Coimbra	5:16.08	469
50m: 36.27 36.27 150m: 1:56.69 40.17 400m: 5:16.08 2:38.39			
100m: 1:16.52 40.25 200m: 2:37.69 41.00			
6. Catarina Alexandra, FERREIRA	95 Clube Desportivo Lousanense	5:16.28	468
50m: 35.73 35.73 150m: 1:55.31 40.19 400m: 5:16.28 2:40.15			
100m: 1:15.12 39.39 200m: 2:36.13 40.82			
7. Mariana Rocha, VALENTE	95 Associação Académica de Coimbra	5:18.11	460
50m: 35.63 35.63 150m: 1:54.48 40.08 400m: 5:18.11 2:43.27			
100m: 1:14.40 38.77 200m: 2:34.84 40.36			
8. Raquel Raimundo, FERREIRA	95 Clube Desportivo Lousanense	5:20.25	451
50m: 37.35 37.35 150m: 1:59.90 41.85 400m: 5:20.25 2:40.10			
100m: 1:18.05 40.70 200m: 2:40.15 40.25			
9. Mariana Costa, SEBASTIAO	95 Ginásio Clube Figueirense	5:21.86	445
50m: 34.31 34.31 150m: 1:52.75 40.11 400m: 5:21.86 2:48.27			
100m: 1:12.64 38.33 200m: 2:33.59 40.84			
10. Joana Reis, VEIGA	95 Associação Académica de Coimbra	5:27.51	422
50m: 35.69 35.69 150m: 1:57.83 41.53 400m: 5:27.51 2:47.69			
100m: 1:16.30 40.61 200m: 2:39.82 41.99			
11. Iris Catarina, AMARAL	95 Clube Náutico Académico	5:27.71	421
50m: 36.15 36.15 150m: 1:57.97 40.80 400m: 5:27.71 2:47.83			
100m: 1:17.17 41.02 200m: 2:39.88 41.91			
12. Mariana Pedroso, CARVALHO	95 Clube Náutico Académico	5:30.59	410
50m: 35.93 35.93 150m: 1:58.48 42.67 400m: 5:30.59 2:50.24			
100m: 1:15.81 39.88 200m: 2:40.35 41.87			
13. Sofia Verissimo, PEDROSA	95 Junta Freguesia do Paião	5:32.27	404
50m: 38.34 38.34 150m: 2:02.88 42.77 400m: 5:32.27 2:46.50			
100m: 1:20.11 41.77 200m: 2:45.77 42.89			
14. Ana Marta, FARIAS	95 Ginásio Clube Figueirense	5:37.55	385
50m: 35.56 35.56 150m: 1:59.28 42.55 400m: 5:37.55 2:54.58			
100m: 1:16.73 41.17 200m: 2:42.97 43.69			

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Prova 1, Femin., 400m Livres, 13 anos

Lugar		Ano			Tempo final	Pts
15.	Ana Rita, CABRAL	95	Clube Náutico Académico		5:50.48	344
	50m: 36.80 36.80	150m: 2:03.40	44.06	400m: 5:50.48	3:01.63	
	100m: 1:19.34 42.54	200m: 2:48.85	45.45			
16.	Joana Carolina, ALVES	95	Ginásio Clube Figueirense		5:52.99	337
	50m: 38.42 38.42	150m: 2:08.41	44.71	400m: 5:52.99	2:58.56	
	100m: 1:23.70 45.28	200m: 2:54.43	46.02			
17.	Claudia Filipa, SILVA	95	Clube Náutico de Miranda do Corvo		5:54.10	334
	50m: 41.64 41.64	150m: 2:11.68	44.80	400m: 5:54.10	2:56.95	
	100m: 1:26.88 45.24	200m: 2:57.15	45.47			
18.	Beatriz Calvete, PEDROSA	95	Junta Freguesia do Paião		6:01.65	313
	50m: 40.52 40.52	150m: 2:12.40	46.74	400m: 6:01.65	3:02.45	
	100m: 1:25.66 45.14	200m: 2:59.20	46.80			
19.	Mariana Coutinho, SOUTO	95	Associação Académica de Coimbra		6:18.25	274
	50m: 41.86 41.86	150m: 2:16.92	48.28	400m: 6:18.25	3:12.98	
	100m: 1:28.64 46.78	200m: 3:05.27	48.35			
20.	Mariana Davide, ALVES	95	Junta Freguesia do Paião		6:26.41	257
	50m: 40.20 40.20	150m: 2:16.86	48.99	400m: 6:26.41	3:19.22	
	100m: 1:27.87 47.67	200m: 3:07.19	50.33			
DSQ	Joana Ines, OLIVEIRA	95	Associação Académica de Coimbra		5:19.30	
	50m: 35.86 35.86	150m: 1:57.37	40.89	400m: 5:19.30	2:40.49	
	100m: 1:16.48 40.62	200m: 2:38.81	41.44			

14 anos

1.	Beatriz Rocha, NUNES	94	Ginásio Clube Figueirense		4:55.18	576
	50m: 33.76 33.76	150m: 1:47.75	37.65	400m: 4:55.18	2:29.89	
	100m: 1:10.10 36.34	200m: 2:25.29	37.54			
2.	Gabriela Oliveira, ANDRADE	94	Clube Náutico Académico		4:57.94	560
	50m: 33.70 33.70	150m: 1:48.26	37.93	400m: 4:57.94	2:31.88	
	100m: 1:10.33 36.63	200m: 2:26.06	37.80			
3.	Raquel Almeida, LIMA	94	Associação Beneficência Popular de Gouveia		5:18.17	460
	50m: 36.20 36.20	150m: 1:55.49	39.90	400m: 5:18.17	2:42.23	
	100m: 1:15.59 39.39	200m: 2:35.94	40.45			
4.	Filipa Goncalves, LOPES	94	A.S.S.S. Columbófila Cantanhedense		5:19.99	452
	50m: 36.62 36.62	150m: 1:55.94	39.91	400m: 5:19.99	2:43.95	
	100m: 1:16.03 39.41	200m: 2:36.04	40.10			
5.	Elizabeth Maria, CARVALHO	94	Ginásio Clube Figueirense		5:20.04	452
	50m: 34.91 34.91	150m: 1:55.04	41.85	400m: 5:20.04	2:43.68	
	100m: 1:13.19 38.28	200m: 2:36.36	41.32			
6.	Joana Lopes, SILVESTRE	94	Clube Desportivo Lousanense		5:22.74	441
	50m: 35.49 35.49	150m: 1:55.10	40.17	400m: 5:22.74	2:47.29	
	100m: 1:14.93 39.44	200m: 2:35.45	40.35			
7.	Bruna Miguel, PEREIRA	94	Associação Académica de Coimbra		5:28.12	420
	50m: 38.02 38.02	150m: 2:02.48	42.92	400m: 5:28.12	2:43.36	
	100m: 1:19.56 41.54	200m: 2:44.76	42.28			
8.	Isabel Maria, SANTOS	94	Associação Beneficência Popular de Gouveia		5:32.21	404
	50m: 36.54 36.54	150m: 2:00.58	42.27	400m: 5:32.21	2:47.16	
	100m: 1:18.31 41.77	200m: 2:45.05	44.47			
9.	Cintia Cruz, CHUVA	94	Junta Freguesia do Paião		5:38.91	381
	50m: 36.27 36.27	150m: 2:00.69	43.15	400m: 5:38.91	2:54.45	
	100m: 1:17.54 41.27	200m: 2:44.46	43.77			
10.	Sofia Roque, DIAS	94	Associação Académica de Coimbra		5:39.87	378
	50m: 36.93 36.93	150m: 2:01.98	44.07	400m: 5:39.87	2:54.35	
	100m: 1:17.91 40.98	200m: 2:45.52	43.54			

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Prova 1, Femin., 400m Livres, 14 anos

Lugar	Ano	Tempo final	Pts
11. Raquel Lopes, MARQUES	94 Associação Beneficência Popular de Go	5:50.67	344
50m: 38.34 38.34 150m: 2:07.11 45.96 400m: 5:50.67 2:59.22			
100m: 1:21.15 42.81 200m: 2:51.45 44.34			
12. Mariana Jordao, SILVA	94 Junta Freguesia do Paião	6:30.81	248
50m: 40.52 40.52 150m: 2:17.47 50.18 400m: 6:30.81 3:22.72			
100m: 1:27.29 46.77 200m: 3:08.09 50.62			

15 - 16 anos

1. Maria Miguel, VELOSO	93 Clube Náutico Académico	4:32.71	731
50m: 31.60 31.60 150m: 1:39.43 34.90 400m: 4:32.71 2:18.97			
100m: 1:04.53 32.93 200m: 2:13.74 34.31			
2. Maria Ines, RIBEIRO	92 Clube Náutico Académico	4:44.18	646
50m: 32.73 32.73 150m: 1:44.91 36.33 400m: 4:44.18 2:22.93			
100m: 1:08.58 35.85 200m: 2:21.25 36.34			
3. Tania Martins, GARCIA	92 Ginásio Clube Figueirense	4:46.34	631
50m: 33.22 33.22 150m: 1:44.69 36.15 400m: 4:46.34 2:25.57			
100m: 1:08.54 35.32 200m: 2:20.77 36.08			
4. Nadia Filipa, MARQUES	92 Associação Académica de Coimbra	4:51.14	601
50m: 33.77 33.77 150m: 1:46.61 36.90 400m: 4:51.14 2:27.07			
100m: 1:09.71 35.94 200m: 2:24.07 37.46			
5. Raquel Bartolo, VITOR	93 Associação Académica de Coimbra	4:56.69	568
50m: 33.46 33.46 150m: 1:46.90 37.46 400m: 4:56.69 2:31.84			
100m: 1:09.44 35.98 200m: 2:24.85 37.95			
6. Ana Luisa, ROJAO	93 Associação Beneficência Popular de Go	5:03.21	532
50m: 33.86 33.86 150m: 1:50.53 39.50 400m: 5:03.21 2:33.67			
100m: 1:11.03 37.17 200m: 2:29.54 39.01			
7. Ana Coutinho, SOUTO	93 Associação Académica de Coimbra	5:04.19	527
50m: 34.60 34.60 150m: 1:51.64 38.92 400m: 5:04.19 2:33.98			
100m: 1:12.72 38.12 200m: 2:30.21 38.57			
8. Anaisa Silva, GONCALVES	93 Clube Náutico Académico	5:08.88	503
50m: 33.84 33.84 150m: 1:51.25 38.62 400m: 5:08.88 2:37.85			
100m: 1:12.63 38.79 200m: 2:31.03 39.78			
9. Ines Barbosa, MOREIRA	92 Associação Académica de Coimbra	5:11.25	492
50m: 35.25 35.25 150m: 1:52.90 39.61 400m: 5:11.25 2:37.80			
100m: 1:13.29 38.04 200m: 2:33.45 40.55			
10. Mafalda Proenca, PORTUGAL	93 Clube Náutico Académico	5:13.14	483
50m: 35.36 35.36 150m: 1:53.22 39.84 400m: 5:13.14 2:40.00			
100m: 1:13.38 38.02 200m: 2:33.14 39.92			
11. Mafalda Moura, CARVALHOS	92 Clube Náutico Académico	5:19.54	454
50m: 33.56 33.56 150m: 1:54.51 40.43 400m: 5:19.54 2:44.41			
100m: 1:14.08 40.52 200m: 2:35.13 40.62			
12. Ana Mafalda, OLIVEIRA	93 Junta Freguesia do Paião	5:22.66	441
50m: 34.69 34.69 150m: 1:55.49 41.23 400m: 5:22.66 2:45.79			
100m: 1:14.26 39.57 200m: 2:36.87 41.38			
13. Catarina Oliveira, DINIS	93 Associação Académica de Coimbra	5:23.60	437
50m: 36.24 36.24 150m: 1:58.43 40.98 400m: 5:23.60 2:43.49			
100m: 1:17.45 41.21 200m: 2:40.11 41.68			
14. Joana Silva, LARANJEIRA	93 Clube Náutico Académico	5:28.17	419
50m: 36.89 36.89 150m: 2:00.20 42.52 400m: 5:28.17 2:46.01			
100m: 1:17.68 40.79 200m: 2:42.16 41.96			
15. Ana Carlos, FERREIRA	93 Junta Freguesia do Paião	5:47.93	352
50m: 36.88 36.88 150m: 2:02.18 43.54 400m: 5:47.93 3:00.43			
100m: 1:18.64 41.76 200m: 2:47.50 45.32			

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Prova 1, Femin., 400m Livres, 15 - 16 anos

Lugar	Ano	Tempo final	Pts
16. Patricia Sofia, GIRA0	93	5:55.40	330
50m: 38.64 38.64 150m: 2:07.68 45.26 400m: 5:55.40 3:01.41			
100m: 1:22.42 43.78 200m: 2:53.99 46.31			
17. Sara Diana, OLIVEIRA	93	5:59.53	319
50m: 39.23 39.23 150m: 2:09.32 45.77 400m: 5:59.53 3:04.68			
100m: 1:23.55 44.32 200m: 2:54.85 45.53			
DNS Maria Joao, MOITA	92		
DNS Daniela Cristina, PAIVA	93		
DNS Filipa Ramos, RIBEIRO	93		

17 anos e mais velhos

1. Solange Patricia, AZEVEDO	89	4:45.32	638
50m: 33.31 33.31 150m: 1:45.12 36.09 400m: 4:45.32 2:23.58			
100m: 1:09.03 35.72 200m: 2:21.74 36.62			
2. Ana Rita, COSTA	91	5:13.82	480
50m: 34.66 34.66 150m: 1:55.02 41.07 400m: 5:13.82 2:38.24			
100m: 1:13.95 39.29 200m: 2:35.58 40.56			
3. Raquel Cristiana, PAIVA	90	5:16.34	468
50m: 35.50 35.50 150m: 1:54.77 40.16 400m: 5:16.34 2:40.36			
100m: 1:14.61 39.11 200m: 2:35.98 41.21			
4. Sara Vieira, ALMEIDA	91	5:18.56	458
50m: 33.81 33.81 150m: 1:53.24 40.45 400m: 5:18.56 2:43.75			
100m: 1:12.79 38.98 200m: 2:34.81 41.57			
DNS Ana Filipa, ROQUE	91		

Prova 2

Masc., 400m Livres

13 anos e mais velhos

10.5.08 - 17:05

Resultados

Pontos: FINA 2004

Lugar	Ano	Tempo final	Pts
13 anos			
1. Rui Jorge, DIAS	95	4:57.51	429
50m: 35.20 35.20 150m: 1:50.28 37.87 400m: 4:57.51 2:29.89			
100m: 1:12.41 37.21 200m: 2:27.62 37.34			
2. Luis Gabriel, SANTOS	95	4:59.55	420
50m: 31.96 31.96 150m: 1:46.35 38.55 400m: 4:59.55 2:34.42			
100m: 1:07.80 35.84 200m: 2:25.13 38.78			
3. Joao Andre, NEVES	95	5:00.48	416
50m: 32.81 32.81 150m: 1:48.44 37.87 400m: 5:00.48 2:33.74			
100m: 1:10.57 37.76 200m: 2:26.74 38.30			
4. Luis de, OLIVEIRA	95	5:03.70	403
50m: 31.58 31.58 150m: 1:47.42 39.59 400m: 5:03.70 2:37.24			
100m: 1:07.83 36.25 200m: 2:26.46 39.04			
5. Gustavo Lopes, RIBEIRO	95	5:07.43	388
50m: 33.06 33.06 150m: 1:52.35 40.56 400m: 5:07.43 2:35.46			
100m: 1:11.79 38.73 200m: 2:31.97 39.62			
6. Pedro Miguel, RIBEIRO	95	5:10.22	378
50m: 33.82 33.82 150m: 1:51.06 39.56 400m: 5:10.22 2:39.46			
100m: 1:11.50 37.68 200m: 2:30.76 39.70			
7. Jose Antonio, FORTE	95	5:10.86	376
50m: 35.05 35.05 150m: 1:53.99 40.13 400m: 5:10.86 2:37.26			
100m: 1:13.86 38.81 200m: 2:33.60 39.61			

Torneio "Dia Olímpico"
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Prova 2, Masc., 400m Livres, 13 anos

Lugar	Ano	Tempo final	Pts
8. Guilherme Pedro, COELHO	95	Clube Náutico Académico	5:14.26 364
50m: 35.49 35.49 150m: 1:55.33 40.44 400m: 5:14.26 2:38.63			
100m: 1:14.89 39.40 200m: 2:35.63 40.30			
9. Miguel Angelo, FIGUEIRA	95	A.S.S.S. Columbófila Cantanhedense	5:17.16 354
50m: 35.89 35.89 150m: 1:55.53 40.49 400m: 5:17.16 2:41.89			
100m: 1:15.04 39.15 200m: 2:35.27 39.74			
10. Tiago Miguel, ALVES	95	A.S.S.S. Columbófila Cantanhedense	5:19.41 346
50m: 35.42 35.42 150m: 1:54.41 40.33 400m: 5:19.41 2:43.20			
100m: 1:14.08 38.66 200m: 2:36.21 41.80			
11. Fabio Marques, FERREIRA	95	Junta Freguesia do Paião	5:30.63 312
50m: 35.96 35.96 150m: 2:00.50 42.93 400m: 5:30.63 2:47.46			
100m: 1:17.57 41.61 200m: 2:43.17 42.67			
12. Rafael Joao, CORREIA	95	Clube Desportivo Lousanense	5:41.64 283
50m: 38.60 38.60 150m: 2:05.23 43.22 400m: 5:41.64 2:53.10			
100m: 1:22.01 43.41 200m: 2:48.54 43.31			
13. Bernardo Tiago, ABREU	95	Associação Académica de Coimbra	5:45.31 274
50m: 38.81 38.81 150m: 2:07.57 44.27 400m: 5:45.31 2:53.08			
100m: 1:23.30 44.49 200m: 2:52.23 44.66			
14. Ruben Jordao, FERNANDES	95	Clube Náutico de Miranda do Corvo	5:45.87 273
50m: 39.72 39.72 150m: 2:07.94 43.63 400m: 5:45.87 2:53.34			
100m: 1:24.31 44.59 200m: 2:52.53 44.59			
15. Miguel Coelho, COSTA	95	Associação Académica de Coimbra	5:47.19 270
50m: 36.80 36.80 150m: 2:05.44 44.93 400m: 5:47.19 2:57.26			
100m: 1:20.51 43.71 200m: 2:49.93 44.49			
16. Jose Miguel, FIGUEIRA	95	A.S.S.S. Columbófila Cantanhedense	5:48.50 267
50m: 38.16 38.16 150m: 2:07.17 45.39 400m: 5:48.50 2:56.17			
100m: 1:21.78 43.62 200m: 2:52.33 45.16			
17. Diogo Andre, JORGE	95	Clube Náutico Académico	6:10.54 222
50m: 38.41 38.41 150m: 2:09.44 46.99 400m: 6:10.54 3:13.51			
100m: 1:22.45 44.04 200m: 2:57.03 47.59			
18. Manuel Luis, SOUSA	95	Clube Náutico Académico	6:34.26 184
50m: 43.41 43.41 150m: 2:24.42 50.98 400m: 6:34.26 3:57.85			
100m: 1:33.44 50.03 200m: 2:36.41 11.99			
19. Bernardo Gedeao, COUCEIRO	95	Associação Académica de Coimbra	6:40.57 176
50m: 42.13 42.13 150m: 2:24.43 51.26 400m: 6:40.57 3:23.49			
100m: 1:33.17 51.04 200m: 3:17.08 52.65			
DNS Francisco Pais, BAPTISTA	95	Clube Náutico Académico	
DNS Goncalo Ferreira, COROADO	95	Associação Académica de Coimbra	
DNS Henrique Ferreira, COROADO	95	Associação Académica de Coimbra	

14 anos

1. Diogo Cunha, GIRAO	94	A.S.S.S. Columbófila Cantanhedense	4:34.29 547
50m: 32.60 32.60 150m: 1:41.23 33.84 400m: 4:34.29 2:18.00			
100m: 1:07.39 34.79 200m: 2:16.29 35.06			
2. Joao Manuel, BORGES	94	Ginásio Clube Figueirense	4:46.96 478
50m: 31.81 31.81 150m: 1:43.66 36.57 400m: 4:46.96 2:26.56			
100m: 1:07.09 35.28 200m: 2:20.40 36.74			
3. Joao Pedro, VEIGA	94	Clube Náutico Académico	4:49.40 466
50m: 33.11 33.11 150m: 1:46.94 37.19 400m: 4:49.40 2:24.60			
100m: 1:09.75 36.64 200m: 2:24.80 37.86			
4. Pedro Barros, MENDES	94	Associação Académica de Coimbra	4:56.08 435
50m: 32.80 32.80 150m: 1:49.42 38.36 400m: 4:56.08 2:27.09			
100m: 1:11.06 38.26 200m: 2:28.99 39.57			

Torneio "Dia Olímpico"
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Prova 2, Masc., 400m Livres, 14 anos

Lugar					Ano					Tempo final	Pts
5.	Tiago Andre, SILVA				94	A.S.S.S. Columbófila Cantanhedense				4:56.84	431
	50m:	34.15	34.15	150m:	1:49.64	38.34	400m:	4:56.84	2:29.78		
	100m:	1:11.30	37.15	200m:	2:27.06	37.42					
6.	David Jose, FONSECA				94	A.S.S.S. Columbófila Cantanhedense				4:58.20	426
	50m:	33.18	33.18	150m:	1:47.06	37.47	400m:	4:58.20	2:33.05		
	100m:	1:09.59	36.41	200m:	2:25.15	38.09					
7.	Diogo Jose, SANTOS				94	Clube Náutico de Miranda do Corvo				5:00.77	415
	50m:	34.60	34.60	150m:	1:49.78	37.47	400m:	5:00.77	2:32.48		
	100m:	1:12.31	37.71	200m:	2:28.29	38.51					
8.	Joao Barbosa, MOREIRA				94	Clube Náutico Académico				5:02.60	407
	50m:	33.25	33.25	150m:	1:49.31	38.39	400m:	5:02.60	2:34.58		
	100m:	1:10.92	37.67	200m:	2:28.02	38.71					
9.	Joao Filipe, LUCAS				94	Associação Académica de Coimbra				5:05.07	397
	50m:	33.46	33.46	150m:	1:49.38	38.23	400m:	5:05.07	2:36.77		
	100m:	1:11.15	37.69	200m:	2:28.30	38.92					
10.	Francisco Leonardes, ALVES				94	Associação Académica de Coimbra				5:07.15	389
	50m:	33.64	33.64	150m:	1:50.18	38.72	400m:	5:07.15	2:37.11		
	100m:	1:11.46	37.82	200m:	2:30.04	39.86					
11.	Joao Nuno, CONDE				94	Clube Náutico Académico				5:11.41	374
	50m:	33.71	33.71	150m:	1:53.80	41.08	400m:	5:11.41	2:36.58		
	100m:	1:12.72	39.01	200m:	2:34.83	41.03					
12.	Pedro Daniel, PINTO				94	Clube Náutico de Miranda do Corvo				5:11.97	372
	50m:	35.71	35.71	150m:	1:55.00	39.76	400m:	5:11.97	2:36.93		
	100m:	1:15.24	39.53	200m:	2:35.04	40.04					
13.	Ruben Paiva, CARVALHO				94	Associação Académica de Coimbra				5:13.91	365
	50m:	35.02	35.02	150m:	1:53.59	40.42	400m:	5:13.91	2:39.70		
	100m:	1:13.17	38.15	200m:	2:34.21	40.62					
14.	Fabio Filipe, LOPES				94	Clube Desportivo Lousanense				5:18.04	351
	50m:	34.15	34.15	150m:	1:54.21	40.82	400m:	5:18.04	2:43.22		
	100m:	1:13.39	39.24	200m:	2:34.82	40.61					
15.	Joao Nuno, PIRES				94	Clube Náutico Académico				5:19.28	347
	50m:	33.95	33.95	150m:	1:53.35	40.14	400m:	5:19.28	2:44.69		
	100m:	1:13.21	39.26	200m:	2:34.59	41.24					
16.	David Alexandre, PEREIRA				94	Ginásio Clube Figueirense				5:19.38	346
	50m:	33.96	33.96	150m:	1:54.78	41.69	400m:	5:19.38	2:42.51		
	100m:	1:13.09	39.13	200m:	2:36.87	42.09					
17.	Luan Accioly, MARTINS				94	Associação Académica de Coimbra				5:23.99	332
	50m:	33.49	33.49	150m:	1:53.78	41.25	400m:	5:23.99	2:47.62		
	100m:	1:12.53	39.04	200m:	2:36.37	42.59					
18.	Gustavo Almeida, MADUREIRA				94	Associação Académica de Coimbra				5:24.53	330
	50m:	35.76	35.76	150m:	1:55.75	39.86	400m:	5:24.53	2:47.48		
	100m:	1:15.89	40.13	200m:	2:37.05	41.30					
DSQ	Miguel Angelo, BALTAZAR				94	Clube Náutico de Miranda do Corvo					

15 anos

1.	Andre Duarte, VAZ				93	Ginásio Clube Figueirense				4:32.52	558
	50m:	30.53	30.53	150m:	1:38.82	34.26	400m:	4:32.52	2:18.65		
	100m:	1:04.56	34.03	200m:	2:13.87	35.05					
2.	Andre Marques, DINIS				93	A.S.S.S. Columbófila Cantanhedense				4:37.32	529
	50m:	31.91	31.91	150m:	1:41.78	34.90	400m:	4:37.32	2:19.59		
	100m:	1:06.88	34.97	200m:	2:17.73	35.95					
3.	Renan Camara, PEREIRA				93	A.S.S.S. Columbófila Cantanhedense				4:40.50	511
	50m:	31.78	31.78	150m:	1:42.03	35.33	400m:	4:40.50	2:22.94		
	100m:	1:06.70	34.92	200m:	2:17.56	35.53					

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Prova 2, Masc., 400m Livres, 15 anos

Lugar					Ano					Tempo final	Pts
4.	Daciano Egidio, SOUSA				93	Ginásio Clube Figueirense				4:41.64	505
	50m:	30.97	30.97	150m:	1:41.44	35.89	400m:	4:41.64	2:23.42		
	100m:	1:05.55	34.58	200m:	2:18.22	36.78					
5.	Ricardo Miguel, ARAUJO				93	Associação Académica de Coimbra				4:48.76	469
	50m:	32.61	32.61	150m:	1:46.78	37.19	400m:	4:48.76	2:24.37		
	100m:	1:09.59	36.98	200m:	2:24.39	37.61					
6.	Diogo Emanuel, FERREIRA				93	Associação Académica de Coimbra				4:53.87	445
	50m:	34.34	34.34	150m:	1:46.29	36.16	400m:	4:53.87	2:30.10		
	100m:	1:10.13	35.79	200m:	2:23.77	37.48					
7.	Nelson Fernandes, SILVA				93	Junta Freguesia do Paião				4:54.95	440
	50m:	31.95	31.95	150m:	1:46.23	38.05	400m:	4:54.95	2:30.67		
	100m:	1:08.18	36.23	200m:	2:24.28	38.05					
8.	Joao Miguel, ALMEIDA				93	Ginásio Clube Figueirense				4:55.26	438
	50m:	33.10	33.10	150m:	1:48.08	38.52	400m:	4:55.26	2:29.82		
	100m:	1:09.56	36.46	200m:	2:25.44	37.36					
9.	Nuno Correia, TINOCO				93	Ginásio Clube Figueirense				4:58.09	426
	50m:	32.42	32.42	150m:	1:46.64	38.12	400m:	4:58.09	2:33.34		
	100m:	1:08.52	36.10	200m:	2:24.75	38.11					
10.	Pedro Daniel, CARVALHO				93	Associação Académica de Coimbra				4:58.45	424
	50m:	33.90	33.90	150m:	1:47.33	37.26	400m:	4:58.45	2:33.24		
	100m:	1:10.07	36.17	200m:	2:25.21	37.88					
11.	Joao Afonso, SANTOS				93	Associação Académica de Coimbra				4:58.82	423
	50m:	33.61	33.61	150m:	1:49.41	38.14	400m:	4:58.82	2:30.53		
	100m:	1:11.27	37.66	200m:	2:28.29	38.88					
12.	Ruben Filipe, REIS				93	Ginásio Clube Figueirense				5:02.94	406
	50m:	32.80	32.80	150m:	1:48.07	38.51	400m:	5:02.94	2:35.37		
	100m:	1:09.56	36.76	200m:	2:27.57	39.50					
13.	Hugo Filipe, ALMEIDA				93	Associação Beneficência Popular de Go...				5:05.64	395
	50m:	33.83	33.83	150m:	1:49.09	38.48	400m:	5:05.64	2:37.42		
	100m:	1:10.61	36.78	200m:	2:28.22	39.13					
14.	Daniel Afonso, CORREIA				93	Associação Académica de Coimbra				5:14.67	362
	50m:	35.28	35.28	150m:	1:52.82	39.22	400m:	5:14.67	2:42.19		
	100m:	1:13.60	38.32	200m:	2:32.48	39.66					
15.	Goncalo Raposeiro, FARIA				93	Ginásio Clube Figueirense				5:15.16	360
	50m:	35.14	35.14	150m:	1:55.09	41.13	400m:	5:15.16	2:39.15		
	100m:	1:13.96	38.82	200m:	2:36.01	40.92					
16.	Diogo Fonseca, COSTA				93	Junta Freguesia do Paião				5:27.01	323
	50m:	34.47	34.47	150m:	1:54.14	41.38	400m:	5:27.01	2:50.67		
	100m:	1:12.76	38.29	200m:	2:36.34	42.20					
17.	Miguel Jorge, SOUSA				93	Associação Beneficência Popular de Go...				5:36.73	296
	50m:	33.43	33.43	150m:	1:53.87	42.12	400m:	5:36.73	3:00.32		
	100m:	1:11.75	38.32	200m:	2:36.41	42.54					
18.	Pedro Miguel, RODRIGUES				93	Junta Freguesia do Paião				5:41.45	283
	50m:	32.92	32.92	150m:	1:56.51	42.65	400m:	5:41.45	3:00.61		
	100m:	1:13.86	40.94	200m:	2:40.84	44.33					

16 anos

1.	Andre Filipe, LOPES				92	Associação Académica de Coimbra				4:22.57	623
	50m:	30.09	30.09	150m:	1:34.34	32.32	400m:	4:22.57	2:14.38		
	100m:	1:02.02	31.93	200m:	2:08.19	33.85					
2.	Tiago Rafael, LOPES				92	Associação Académica de Coimbra				4:31.61	563
	50m:	31.09	31.09	150m:	1:39.71	34.17	400m:	4:31.61	2:16.69		
	100m:	1:05.54	34.45	200m:	2:14.92	35.21					

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Prova 2, Masc., 400m Livres, 16 anos

Lugar		Ano			Tempo final	Pts
3.	Mario Joao, MARTINS	92	Clube Náutico de Miranda do Corvo		4:32.86	555
	50m: 31.11 31.11 150m: 1:40.64 35.04 400m: 4:32.86 2:17.88					
	100m: 1:05.60 34.49 200m: 2:14.98 34.34					
4.	Rui Correia, TINOCO	92	Ginásio Clube Figueirense		4:33.69	550
	50m: 31.01 31.01 150m: 1:40.06 35.04 400m: 4:33.69 2:18.48					
	100m: 1:05.02 34.01 200m: 2:15.21 35.15					
5.	Mario Alexandre, PEREIRA	92	Ginásio Clube Figueirense		4:39.37	518
	50m: 31.41 31.41 150m: 1:42.66 35.69 400m: 4:39.37 2:21.05					
	100m: 1:06.97 35.56 200m: 2:18.32 35.66					
6.	Guilherme Joao, PATRIARCA	92	Associação Académica de Coimbra		4:47.12	477
	50m: 32.57 32.57 150m: 1:44.60 36.66 400m: 4:47.12 2:26.04					
	100m: 1:07.94 35.37 200m: 2:21.08 36.48					
7.	Andre Rocha, VALENTE	92	Associação Académica de Coimbra		4:50.75	459
	50m: 31.97 31.97 150m: 1:43.12 35.50 400m: 4:50.75 2:30.19					
	100m: 1:07.62 35.65 200m: 2:20.56 37.44					
8.	Diogo Remi, FAIM	92	Ginásio Clube Figueirense		5:00.22	417
	50m: 31.65 31.65 150m: 1:47.22 38.32 400m: 5:00.22 2:34.88					
	100m: 1:08.90 37.25 200m: 2:25.34 38.12					
9.	Diogo Costa, FONTES	92	Associação Académica de Coimbra		5:00.68	415
	50m: 33.36 33.36 150m: 1:47.99 37.67 400m: 5:00.68 2:34.46					
	100m: 1:10.32 36.96 200m: 2:26.22 38.23					
10.	Marcelo Abreu, RODRIGUES	92	Associação Académica de Coimbra		5:02.51	408
	50m: 34.96 34.96 150m: 1:49.62 38.19 400m: 5:02.51 2:34.43					
	100m: 1:11.43 36.47 200m: 2:28.08 38.46					
11.	Nuno Alexandre, NEVES	92	Junta Freguesia do Paião		5:11.11	375
	50m: 33.34 33.34 150m: 1:51.06 39.54 400m: 5:11.11 2:40.03					
	100m: 1:11.52 38.18 200m: 2:31.08 40.02					

17 - 18 anos

1.	Jorge Miguel, MENDES	90	Clube Náutico Académico		4:10.56	717
	50m: 28.94 28.94 150m: 1:31.91 31.98 400m: 4:10.56 2:06.83					
	100m: 59.93 30.99 200m: 2:03.73 31.82					
2.	Miguel Silva, OLIVEIRA	91	Clube Náutico Académico		4:10.99	714
	50m: 28.93 28.93 150m: 1:32.20 31.58 400m: 4:10.99 2:07.01					
	100m: 1:00.62 31.69 200m: 2:03.98 31.78					
3.	Jorge Manuel, ROQUE	90	Ginásio Clube Figueirense		4:20.58	638
	50m: 29.46 29.46 150m: 1:34.21 32.31 400m: 4:20.58 2:13.19					
	100m: 1:01.90 32.44 200m: 2:07.39 33.18					
4.	Alexandre Augusto, MEDINA	90	Ginásio Clube Figueirense		4:20.72	637
	50m: 29.40 29.40 150m: 1:34.25 32.76 400m: 4:20.72 2:12.97					
	100m: 1:01.49 32.09 200m: 2:07.75 33.50					
5.	Nelson Goncalves, JUDAS	91	Clube Náutico Académico		4:20.83	636
	50m: 29.75 29.75 150m: 1:34.66 33.32 400m: 4:20.83 2:12.60					
	100m: 1:01.34 31.59 200m: 2:08.23 33.57					
6.	Pedro Fragoso, LOPES	90	A.S.S.S. Columbófila Cantanhedense		4:22.21	626
	50m: 29.65 29.65 150m: 1:35.03 32.89 400m: 4:22.21 2:13.77					
	100m: 1:02.14 32.49 200m: 2:08.44 33.41					
7.	Hugo Rafael, RAMALHO	90	Associação Académica de Coimbra		4:22.97	621
	50m: 30.70 30.70 150m: 1:36.91 33.52 400m: 4:22.97 2:12.83					
	100m: 1:03.39 32.69 200m: 2:10.14 33.23					
8.	Joao Bernardo, ABRANTES	90	Clube Náutico Académico		4:29.56	576
	50m: 29.89 29.89 150m: 1:35.50 33.29 400m: 4:29.56 2:20.11					
	100m: 1:02.21 32.32 200m: 2:09.45 33.95					

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Prova 2, Masc., 400m Livres, 17 - 18 anos

Lugar	Ano	Tempo final	Pts
9. Daniel Alexandre, RODRIGUES	91	Clube Náutico Académico	4:31.94 561
50m: 30.68 30.68 150m: 1:39.18 34.81 400m: 4:31.94 2:17.59			
100m: 1:04.37 33.69 200m: 2:14.35 35.17			
10. Hugo Miguel, NUNES	90	Clube Náutico Académico	4:33.54 551
50m: 31.87 31.87 150m: 1:41.59 35.72 400m: 4:33.54 2:17.09			
100m: 1:05.87 34.00 200m: 2:16.45 34.86			
11. Goncalo Nuno, COSTA	90	Associação Académica de Coimbra	4:37.05 531
50m: 31.65 31.65 150m: 1:42.01 35.85 400m: 4:37.05 2:19.42			
100m: 1:06.16 34.51 200m: 2:17.63 35.62			
12. Bruno Gustavo, NOGUEIRA	91	Associação Académica de Coimbra	4:41.74 505
50m: 31.53 31.53 150m: 1:41.81 35.94 400m: 4:41.74 2:24.55			
100m: 1:05.87 34.34 200m: 2:17.19 35.38			
13. Tiago Filipe, LEAL	90	Associação Académica de Coimbra	4:43.63 495
50m: 31.79 31.79 150m: 1:43.45 36.14 400m: 4:43.63 2:23.22			
100m: 1:07.31 35.52 200m: 2:20.41 36.96			
14. Pedro Octavio, FERNANDES	91	Associação Académica de Coimbra	4:46.48 480
50m: 31.54 31.54 150m: 1:43.43 36.22 400m: 4:46.48 2:25.57			
100m: 1:07.21 35.67 200m: 2:20.91 37.48			
15. Gustavo Rodrigues, AMADO	91	Clube Náutico Académico	5:18.33 350
50m: 33.97 33.97 150m: 1:53.70 40.81 400m: 5:18.33 2:43.55			
100m: 1:12.89 38.92 200m: 2:34.78 41.08			

19 anos e mais velhos

1. Rui Miguel, FONSECA	88	Clube Náutico Académico	4:22.44 624
50m: 29.84 29.84 150m: 1:35.62 33.21 400m: 4:22.44 2:13.46			
100m: 1:02.41 32.57 200m: 2:08.98 33.36			
2. Bruno Miguel, AMARAL	89	Clube Náutico Académico	4:37.94 526
50m: 31.57 31.57 150m: 1:41.49 34.92 400m: 4:37.94 2:20.76			
100m: 1:06.57 35.00 200m: 2:17.18 35.69			
3. Carlos Octavio, FERNANDES	88	Associação Académica de Coimbra	4:41.17 508
50m: 32.37 32.37 150m: 1:43.25 35.70 400m: 4:41.17 2:22.19			
100m: 1:07.55 35.18 200m: 2:18.98 35.73			

Prova 3
10.5.08 - 18:20

Femin., 100m Bruços

12 anos e mais velhos
Resultados

Pontos: FINA 2004

Lugar	Ano	Tempo final	Pts
12 anos			
1. Maria Joao, PAIXAO	96	Ginásio Clube Figueirense	1:34.63 355
50m: 45.88 45.88 100m: 1:34.63 48.75			
2. Ana Luisa, CARVALHO	96	Clube Desportivo Lousanense	1:36.08 339
50m: 46.04 46.04 100m: 1:36.08 50.04			
3. Ana Rita, ARTUR	96	Associação Académica de Coimbra	1:38.17 318
50m: 47.44 47.44 100m: 1:38.17 50.73			
4. Carlota Moura, CARVALHOS	96	Clube Náutico Académico	1:38.35 316
50m: 46.50 46.50 100m: 1:38.35 51.85			
5. Ana Pinto, ALVES	96	A.S.S.S. Columbófila Cantanhedense	1:41.44 288
50m: 49.58 49.58 100m: 1:41.44 51.86			
6. Ana Carolina, CARVALHEIRA	96	Clube Náutico Académico	1:41.74 286
50m: 49.10 49.10 100m: 1:41.74 52.64			

Torneio "Dia Olímpico"
Coimbra, 10. - 11.5.2008

Prova 3, Femin., 100m Bruços, 12 anos

Lugar	Ano	Tempo final	Pts
7. Filipa Costa, GASPAR	96 Junta Freguesia do Paião	1:44.72	262
50m: 49.23 49.23 100m: 1:44.72	55.49		

13 anos

1. Joana Reis, VEIGA	95 Associação Académica de Coimbra	1:32.19	384
50m: 43.77 43.77 100m: 1:32.19	48.42		
2. Mariana Rocha, VALENTE	95 Associação Académica de Coimbra	1:32.63	379
50m: 43.09 43.09 100m: 1:32.63	49.54		
3. Mariana Costa, SEBASTIAO	95 Ginásio Clube Figueirense	1:35.11	350
50m: 26.00 26.00 100m: 1:35.11	1:09.11		
4. Joana Ines, OLIVEIRA	95 Associação Académica de Coimbra	1:35.94	341
50m: 45.43 45.43 100m: 1:35.94	50.51		
5. Ana Marta, FARIAS	95 Ginásio Clube Figueirense	1:38.03	320
50m: 45.16 45.16 100m: 1:38.03	52.87		
6. Iris Catarina, AMARAL	95 Clube Náutico Académico	1:39.59	305
50m: 46.75 46.75 100m: 1:39.59	52.84		
7. Rita Amado, LAEZZA	95 Associação Académica de Coimbra	1:40.04	301
50m: 47.33 47.33 100m: 1:40.04	52.71		
8. Mariana Davide, ALVES	95 Junta Freguesia do Paião	1:47.14	245
50m: 51.25 51.25 100m: 1:47.14	55.89		

14 anos

1. Beatriz Rocha, NUNES	94 Ginásio Clube Figueirense	1:26.91	459
50m: 41.52 41.52 100m: 1:26.91	45.39		
2. Cintia Cruz, CHUVA	94 Junta Freguesia do Paião	1:30.38	408
50m: 42.38 42.38 100m: 1:30.38	48.00		
3. Raquel Lopes, MARQUES	94 Associação Beneficência Popular de Go...	1:42.06	283
50m: 47.90 47.90 100m: 1:42.06	54.16		
4. Mariana Jordao, SILVA	94 Junta Freguesia do Paião	1:51.35	218
50m: 50.58 50.58 100m: 1:51.35	1:00.77		

15 - 16 anos

1. Maria Miguel, VELOSO	93 Clube Náutico Académico	1:24.22	504
50m: 40.63 40.63 100m: 1:24.22	43.59		
2. Ana Mafalda, OLIVEIRA	93 Junta Freguesia do Paião	1:28.94	428
50m: 42.95 42.95 100m: 1:28.94	45.99		
3. Mafalda Proenca, PORTUGAL	93 Clube Náutico Académico	1:30.34	408
50m: 43.21 43.21 100m: 1:30.34	47.13		
4. Ana Coutinho, SOUTO	93 Associação Académica de Coimbra	1:33.79	365
50m: 44.97 44.97 100m: 1:33.79	48.82		
5. Joana Silva, LARANJEIRA	93 Clube Náutico Académico	1:38.92	311
50m: 47.79 47.79 100m: 1:38.92	51.13		
6. Ana Carlos, FERREIRA	93 Junta Freguesia do Paião	1:42.06	283
50m: 46.96 46.96 100m: 1:42.06	55.10		

DNS Maria Joao, MOITA	92 Ginásio Clube Figueirense		
DNS Daniela Cristina, PAIVA	93 Ginásio Clube Figueirense		

Torneio "Dia Olímpico"
Coimbra, 10. - 11.5.2008

Prova 4 10.5.08 - 18:30	Masc., 100m Bruços	13 anos e mais velhos Resultados
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Pontos: FINA 2004

Lugar	Ano	Tempo final	Pts
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13 anos

1. Luis Gabriel, SANTOS	95	Ginásio Clube Figueirense	1:31.06 288
50m: 41.27 41.27 100m: 1:31.06		49.79	
2. Rafael Joao, CORREIA	95	Clube Desportivo Lousanense	1:35.36 251
50m: 45.24 45.24 100m: 1:35.36		50.12	
3. Bernardo Tiago, ABREU	95	Associação Académica de Coimbra	1:50.49 161
50m: 53.36 53.36 100m: 1:50.49		57.13	

14 anos

1. Ruben Paiva, CARVALHO	94	Associação Académica de Coimbra	1:24.08 366
50m: 40.14 40.14 100m: 1:24.08		43.94	
2. Fabio Filipe, LOPES	94	Clube Desportivo Lousanense	1:24.69 358
50m: 38.38 38.38 100m: 1:24.69		46.31	
3. Joao Filipe, LUCAS	94	Associação Académica de Coimbra	1:25.27 351
50m: 40.63 40.63 100m: 1:25.27		44.64	
4. Tiago Andre, SILVA	94	A.S.S.S. Columbófila Cantanhedense	1:26.85 332
50m: 40.70 40.70 100m: 1:26.85		46.15	
5. Gustavo Almeida, MADUREIRA	94	Associação Académica de Coimbra	1:27.09 330
50m: 40.77 40.77 100m: 1:27.09		46.32	
6. Joao Nuno, CONDE	94	Clube Náutico Académico	1:28.52 314
50m: 42.91 42.91 100m: 1:28.52		45.61	
7. Luan Accioly, MARTINS	94	Associação Académica de Coimbra	1:30.05 298
50m: 43.71 43.71 100m: 1:30.05		46.34	
8. Francisco Leonardes, ALVES	94	Associação Académica de Coimbra	1:30.51 294
50m: 42.86 42.86 100m: 1:30.51		47.65	

15 anos

1. Andre Duarte, VAZ	93	Ginásio Clube Figueirense	1:20.23 422
50m: 36.62 36.62 100m: 1:20.23		43.61	
2. Miguel Jorge, SOUSA	93	Associação Beneficência Popular de Góvilas	1:21.83 397
50m: 37.45 37.45 100m: 1:21.83		44.38	
3. Pedro Miguel, RODRIGUES	93	Junta Freguesia do Paião	1:25.27 351
50m: 39.56 39.56 100m: 1:25.27		45.71	
4. Nelson Fernandes, SILVA	93	Junta Freguesia do Paião	1:29.57 303
50m: 41.14 41.14 100m: 1:29.57		48.43	
5. Hugo Filipe, ALMEIDA	93	Associação Beneficência Popular de Góvilas	1:31.43 285
50m: 42.80 42.80 100m: 1:31.43		48.63	
6. Daniel Afonso, CORREIA	93	Associação Académica de Coimbra	1:35.56 250
50m: 45.44 45.44 100m: 1:35.56		50.12	

17 - 18 anos

1. Pedro Octavio, FERNANDES	91	Associação Académica de Coimbra	1:19.21 438
50m: 36.77 36.77 100m: 1:19.21		42.44	

Torneio "Dia Olímpico"
Coimbra, 10. - 11.5.2008

Prova 5 10.5.08 - 18:35	Femin., 100m Costas	12 anos e mais velhos Resultados
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Pontos: FINA 2004

Lugar	Ano	Tempo final	Pts
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12 anos

1. Joana Faim, ALMEIDA	96	Ginásio Clube Figueirense	1:27.59	326
50m: 41.85 41.85 100m: 1:27.59		45.74		
2. Francisca Silva, MARQUES	96	Associação Académica de Coimbra	1:35.41	252
50m: 46.68 46.68 100m: 1:35.41		48.73		
3. Andreia Marina, PEDROSA	96	Junta Freguesia do Paião	1:35.60	251
50m: 48.23 48.23 100m: 1:35.60		47.37		
4. Maria Beatriz, RASCAO	96	Clube Náutico Académico	1:39.84	220
50m: 47.99 47.99 100m: 1:39.84		51.85		
5. Maria Miguel, SOUSA	96	Associação Académica de Coimbra	1:41.57	209
50m: 49.08 49.08 100m: 1:41.57		52.49		

13 anos

1. Ana Claudia, CORDEIRO	95	Associação Académica de Coimbra	1:20.75	416
50m: 40.10 40.10 100m: 1:20.75		40.65		
2. Raquel Raimundo, FERREIRA	95	Clube Desportivo Lousanense	1:24.77	360
50m: 42.11 42.11 100m: 1:24.77		42.66		
3. Mariana Pedroso, CARVALHO	95	Clube Náutico Académico	1:25.37	352
50m: 41.25 41.25 100m: 1:25.37		44.12		
4. Sofia Verissimo, PEDROSA	95	Junta Freguesia do Paião	1:27.04	332
50m: 41.81 41.81 100m: 1:27.04		45.23		
5. Beatriz Calvete, PEDROSA	95	Junta Freguesia do Paião	1:28.93	312
50m: 42.98 42.98 100m: 1:28.93		45.95		
6. Joana Carolina, ALVES	95	Ginásio Clube Figueirense	1:30.96	291
50m: 44.53 44.53 100m: 1:30.96		46.43		
7. Mariana Coutinho, SOUTO	95	Associação Académica de Coimbra	1:32.45	277
50m: 45.75 45.75 100m: 1:32.45		46.70		

14 anos

1. Gabriela Oliveira, ANDRADE	94	Clube Náutico Académico	1:18.54	452
50m: 38.81 38.81 100m: 1:18.54		39.73		
2. Filipa Goncalves, LOPES	94	A.S.S.S. Columbófila Cantanhedense	1:22.01	397
50m: 39.77 39.77 100m: 1:22.01		42.24		
3. Sofia Roque, DIAS	94	Associação Académica de Coimbra	1:26.13	343
50m: 41.43 41.43 100m: 1:26.13		44.70		

15 - 16 anos

1. Raquel Bartolo, VITOR	93	Associação Académica de Coimbra	1:22.95	384
50m: 40.94 40.94 100m: 1:22.95		42.01		
2. Anaisa Silva, GONCALVES	93	Clube Náutico Académico	1:24.20	367
50m: 41.82 41.82 100m: 1:24.20		42.38		
3. Patricia Sofia, GIRAO	93	Clube Náutico Académico	1:33.50	268
50m: 44.83 44.83 100m: 1:33.50		48.67		

Torneio "Dia Olímpico"
Coimbra, 10. - 11.5.2008

Prova 6 10.5.08 - 18:45	Masc., 100m Costas	13 anos e mais velhos Resultados
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Pontos: FINA 2004

Lugar	Ano	Tempo final	Pts
13 anos			
1. Gustavo Lopes, RIBEIRO	95	Associação Académica de Coimbra	1:19.06 317
50m: 39.09 39.09 100m: 1:19.06		39.97	
2. Luis de, OLIVEIRA	95	Associação Académica de Coimbra	1:20.10 305
50m: 39.15 39.15 100m: 1:20.10		40.95	
3. Rui Jorge, DIAS	95	Clube Náutico de Miranda do Corvo	1:21.25 292
50m: 40.19 40.19 100m: 1:21.25		41.06	
4. Jose Antonio, FORTE	95	Associação Académica de Coimbra	1:24.17 263
50m: 41.54 41.54 100m: 1:24.17		42.63	
5. Miguel Coelho, COSTA	95	Associação Académica de Coimbra	1:25.99 247
50m: 41.47 41.47 100m: 1:25.99		44.52	
6. Bernardo Gedeao, COUCEIRO	95	Associação Académica de Coimbra	1:44.30 138
50m: 50.29 50.29 100m: 1:44.30		54.01	
DSQ Fabio Marques, FERREIRA	95	Junta Freguesia do Paião	1:27.98
50m: 44.59 44.59 100m: 1:27.98		43.39	

14 anos			
1. Diogo Cunha, GIRAÓ	94	A.S.S.S. Columbófila Cantanhedense	1:12.89 405
50m: 36.48 36.48 100m: 1:12.89		36.41	
2. Joao Manuel, BORGES	94	Ginásio Clube Figueirense	1:17.71 334
50m: 37.39 37.39 100m: 1:17.71		40.32	
3. Joao Pedro, VEIGA	94	Clube Náutico Académico	1:17.75 334
50m: 37.47 37.47 100m: 1:17.75		40.28	
4. Joao Barbosa, MOREIRA	94	Clube Náutico Académico	1:23.09 273
50m: 39.39 39.39 100m: 1:23.09		43.70	

15 anos			
1. Joao Miguel, ALMEIDA	93	Ginásio Clube Figueirense	1:14.00 387
50m: 35.69 35.69 100m: 1:14.00		38.31	
2. Ricardo Miguel, ARAUJO	93	Associação Académica de Coimbra	1:17.18 341
50m: 37.44 37.44 100m: 1:17.18		39.74	
3. Andre Marques, DINIS	93	A.S.S.S. Columbófila Cantanhedense	1:17.98 331
50m: 38.33 38.33 100m: 1:17.98		39.65	
4. Goncalo Raposeiro, FARIA	93	Ginásio Clube Figueirense	1:21.93 285
50m: 40.31 40.31 100m: 1:21.93		41.62	
5. Diogo Fonseca, COSTA	93	Junta Freguesia do Paião	1:28.16 229
50m: 43.50 43.50 100m: 1:28.16		44.66	

16 anos			
1. Mario Alexandre, PEREIRA	92	Ginásio Clube Figueirense	1:07.32 514
50m: 32.72 32.72 100m: 1:07.32		34.60	
2. Andre Filipe, LOPES	92	Associação Académica de Coimbra	1:07.59 508
50m: 33.36 33.36 100m: 1:07.59		34.23	
3. Andre Rocha, VALENTE	92	Associação Académica de Coimbra	1:15.87 359
50m: 37.41 37.41 100m: 1:15.87		38.46	

Torneio "Dia Olímpico"
Coimbra, 10. - 11.5.2008

Prova 6, Masc., 100m Costas, 16 anos

Lugar	Ano	Tempo final	Pts
4. Marcelo Abreu, RODRIGUES 50m: 40.47 40.47 100m: 1:21.80	92	Associação Académica de Coimbra 41.33	1:21.80 287
5. Nuno Alexandre, NEVES 50m: 41.34 41.34 100m: 1:26.55	92	Junta Freguesia do Paião 45.21	1:26.55 242

17 - 18 anos

1. Jorge Manuel, ROQUE 50m: 32.97 32.97 100m: 1:06.33	90	Ginásio Clube Figueirense 33.36	1:06.33 537
2. Hugo Miguel, NUNES 50m: 34.81 34.81 100m: 1:11.29	90	Clube Náutico Académico 36.48	1:11.29 433
3. Bruno Gustavo, NOGUEIRA 50m: 34.23 34.23 100m: 1:11.42	91	Associação Académica de Coimbra 37.19	1:11.42 431
4. Hugo Rafael, RAMALHO 50m: 35.48 35.48 100m: 1:11.63	90	Associação Académica de Coimbra 36.15	1:11.63 427
5. Daniel Alexandre, RODRIGUES 50m: 35.78 35.78 100m: 1:13.26	91	Clube Náutico Académico 37.48	1:13.26 399
6. Gustavo Rodrigues, AMADO 50m: 37.03 37.03 100m: 1:18.62	91	Clube Náutico Académico 41.59	1:18.62 323

19 anos e mais velhos

1. Rui Miguel, FONSECA 50m: 32.23 32.23 100m: 1:06.03	88	Clube Náutico Académico 33.80	1:06.03 545
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Prova 7
10.5.08 - 18:50

Femin., 100m Mariposa

12 anos e mais velhos
Resultados

Pontos: FINA 2004

Lugar	Ano	Tempo final	Pts
12 anos			
1. Maria Amelia, GASPAR 50m: 41.58 41.58 100m: 1:26.19	96	Clube Náutico Académico 44.61	1:26.19 299
2. Joana de Andrade, COSTA 50m: 40.98 40.98 100m: 1:28.25	96	Associação Académica de Coimbra 47.27	1:28.25 279
3. Maria Ines, ALMEIDA 50m: 43.19 43.19 100m: 1:31.46	96	Clube Náutico Académico 48.27	1:31.46 250
4. Ana Carolina, LEAL 50m: 41.77 41.77 100m: 1:34.71	96	Clube Náutico Académico 52.94	1:34.71 226
5. Ana Luisa, COSTA 50m: 46.49 46.49 100m: 1:39.38	96	Clube Náutico Académico 52.89	1:39.38 195
6. Florbela Cavaco, MACHADO 50m: 43.60 43.60 100m: 1:40.32	96	A.S.S.S. Columbófila Cantanhedense 56.72	1:40.32 190
7. Sofia Caramelo, FOLGADO 50m: 47.68 47.68 100m: 1:48.22	96	Clube Náutico Académico 1:00.54	1:48.22 151
DNS Maria Ines, CARREIRA	96	Clube Náutico Académico	

Torneio "Dia Olímpico"
Coimbra, 10. - 11.5.2008

Prova 7, Femin., 100m Mariposa

13 anos

1.	Tatiana Filipa, SANTOS	95	Ginásio Clube Figueirense	1:16.16	434
	50m: 35.70 35.70	100m: 1:16.16	40.46		
2.	Adriana Correia, LOPES	95	Clube Desportivo Lousanense	1:16.94	421
	50m: 35.89 35.89	100m: 1:16.94	41.05		
3.	Carolina Cunha, MARTINS	95	Clube Náutico Académico	1:18.88	390
	50m: 36.77 36.77	100m: 1:18.88	42.11		
4.	Catarina Alexandra, FERREIRA	95	Clube Desportivo Lousanense	1:25.42	307
	50m: 36.77 36.77	100m: 1:25.42	48.65		
5.	Claudia Filipa, SILVA	95	Clube Náutico de Miranda do Corvo	1:35.14	222
	50m: 44.99 44.99	100m: 1:35.14	50.15		
6.	Ana Rita, CABRAL	95	Clube Náutico Académico	1:47.49	154
	50m: 48.91 48.91	100m: 1:47.49	58.58		

14 anos

1.	Raquel Almeida, LIMA	94	Associação Beneficência Popular de Gouveia	1:18.50	396
	50m: 36.36 36.36	100m: 1:18.50	42.14		
2.	Joana Lopes, SILVESTRE	94	Clube Desportivo Lousanense	1:19.45	382
	50m: 36.03 36.03	100m: 1:19.45	43.42		
3.	Isabel Maria, SANTOS	94	Associação Beneficência Popular de Gouveia	1:19.82	377
	50m: 35.79 35.79	100m: 1:19.82	44.03		
4.	Elizabeth Maria, CARVALHO	94	Ginásio Clube Figueirense	1:21.23	357
	50m: 37.27 37.27	100m: 1:21.23	43.96		
DSQ	Bruna Miguel, PEREIRA	94	Associação Académica de Coimbra	1:33.43	
	50m: 40.81 40.81	100m: 1:33.43	52.62		

15 - 16 anos

1.	Maria Ines, RIBEIRO	92	Clube Náutico Académico	1:14.32	467
	50m: 35.14 35.14	100m: 1:14.32	39.18		
2.	Ana Luisa, ROJAO	93	Associação Beneficência Popular de Gouveia	1:14.83	457
	50m: 34.85 34.85	100m: 1:14.83	39.98		
3.	Nadia Filipa, MARQUES	92	Associação Académica de Coimbra	1:15.96	437
	50m: 35.07 35.07	100m: 1:15.96	40.89		
4.	Catarina Oliveira, DINIS	93	Associação Académica de Coimbra	1:20.37	369
	50m: 37.27 37.27	100m: 1:20.37	43.10		
5.	Ines Barbosa, MOREIRA	92	Associação Académica de Coimbra	1:21.20	358
	50m: 37.75 37.75	100m: 1:21.20	43.45		
6.	Tania Martins, GARCIA	92	Ginásio Clube Figueirense	1:25.57	306
	50m: 38.50 38.50	100m: 1:25.57	47.07		
7.	Mafalda Moura, CARVALHOS	92	Clube Náutico Académico	1:26.27	298
	50m: 40.08 40.08	100m: 1:26.27	46.19		
8.	Sara Diana, OLIVEIRA	93	Ginásio Clube Figueirense	1:33.93	231
	50m: 41.74 41.74	100m: 1:33.93	52.19		
DNS	Filipa Ramos, RIBEIRO	93	Clube Náutico Académico		

Torneio "Dia Olímpico"
Coimbra, 10. - 11.5.2008

Prova 7, Femin., 100m Mariposa

17 anos e mais velhos

1.	Solange Patricia, AZEVEDO	89	Clube Náutico Académico	1:11.52	524
	50m: 33.58 33.58 100m: 1:11.52		37.94		
2.	Sara Vieira, ALMEIDA	91	Associação Beneficência Popular de Go...	1:13.02	492
	50m: 33.17 33.17 100m: 1:13.02		39.85		
3.	Ana Rita, COSTA	91	Associação Académica de Coimbra	1:18.77	392
	50m: 35.03 35.03 100m: 1:18.77		43.74		
4.	Raquel Cristiana, PAIVA	90	Clube Náutico de Miranda do Corvo	1:21.90	349
	50m: 38.02 38.02 100m: 1:21.90		43.88		
DNS	Ana Filipa, ROQUE	91	Associação Académica de Coimbra		

Prova 8
10.5.08 - 19:05

Masc., 100m Mariposa

13 anos e mais velhos
Resultados

Pontos: FINA 2004

Lugar						Ano			Tempo final	Pts
13 anos										
1.	Joao Andre, NEVES				95	Associação Académica de Coimbra		1:14.66	333	
	50m:	32.91	32.91	100m:	1:14.66	41.75				
2.	Miguel Angelo, FIGUEIRA				95	A.S.S.S. Columbófila Cantanhedense		1:20.59	264	
	50m:	37.81	37.81	100m:	1:20.59	42.78				
3.	Guilherme Pedro, COELHO				95	Clube Náutico Académico		1:24.27	231	
	50m:	38.68	38.68	100m:	1:24.27	45.59				
4.	Pedro Miguel, RIBEIRO				95	Associação Beneficência Popular de Go...		1:24.47	230	
	50m:	36.33	36.33	100m:	1:24.47	48.14				
5.	Tiago Miguel, ALVES				95	A.S.S.S. Columbófila Cantanhedense		1:24.93	226	
	50m:	38.26	38.26	100m:	1:24.93	46.67				
6.	Ruben Jordao, FERNANDES				95	Clube Náutico de Miranda do Corvo		1:34.03	167	
	50m:	40.29	40.29	100m:	1:34.03	53.74				
7.	Jose Miguel, FIGUEIRA				95	A.S.S.S. Columbófila Cantanhedense		1:34.78	163	
	50m:	44.97	44.97	100m:	1:34.78	49.81				
DSQ	Diogo Andre, JORGE				95	Clube Náutico Académico		1:38.22		
	50m:	40.82	40.82	100m:	1:38.22	57.40				
DSQ	Manuel Luis, SOUSA				95	Clube Náutico Académico		1:56.96		
	50m:	51.87	51.87	100m:	1:56.96	1:05.09				
DNS	Goncalo Ferreira, COROADO				95	Associação Académica de Coimbra				
DNS	Henrique Ferreira, COROADO				95	Associação Académica de Coimbra				
DNS	Francisco Pais, BAPTISTA				95	Clube Náutico Académico				

14 anos

1.	Pedro Barros, MENDES	94	Associação Académica de Coimbra	1:12.37	365
	50m: 33.64 33.64 100m: 1:12.37		38.73		
2.	Diogo Jose, SANTOS	94	Clube Náutico de Miranda do Corvo	1:12.56	362
	50m: 33.73 33.73 100m: 1:12.56		38.83		
3.	David Alexandre, PEREIRA	94	Ginásio Clube Figueirense	1:22.31	248
	50m: 36.89 36.89 100m: 1:22.31		45.42		
4.	Joao Nuno, PIRES	94	Clube Náutico Académico	1:24.27	231
	50m: 37.61 37.61 100m: 1:24.27		46.66		
5.	Pedro Daniel, PINTO	94	Clube Náutico de Miranda do Corvo	1:26.85	211
	50m: 39.52 39.52 100m: 1:26.85		47.33		

Torneio "Dia Olímpico"
Coimbra, 10. - 11.5.2008

Prova 8, Masc., 100m Mariposa, 14 anos

Lugar	Ano	Tempo final	Pts
DSQ David Jose, FONSECA 50m: 35.39 35.39 100m: 1:16.25	94	A.S.S.S. Columbófila Cantanhedense 40.86	1:16.25
DSQ Miguel Angelo, BALTAZAR 50m: 35.27 35.27 100m: 1:19.13	94	Clube Náutico de Miranda do Corvo 43.86	1:19.13

15 anos

1. Pedro Daniel, CARVALHO 50m: 31.76 31.76 100m: 1:08.49	93	Associação Académica de Coimbra 36.73	1:08.49 431
2. Renan Camara, PEREIRA 50m: 31.66 31.66 100m: 1:09.53	93	A.S.S.S. Columbófila Cantanhedense 37.87	1:09.53 412
3. Diogo Emanuel, FERREIRA 50m: 34.69 34.69 100m: 1:11.14	93	Associação Académica de Coimbra 36.45	1:11.14 384
4. Ruben Filipe, REIS 50m: 32.44 32.44 100m: 1:11.92	93	Ginásio Clube Figueirense 39.48	1:11.92 372
5. Daciano Egidio, SOUSA 50m: 34.27 34.27 100m: 1:15.81	93	Ginásio Clube Figueirense 41.54	1:15.81 318
6. Nuno Correia, TINOCO 50m: 35.02 35.02 100m: 1:18.86	93	Ginásio Clube Figueirense 43.84	1:18.86 282
7. Joao Afonso, SANTOS 50m: 35.74 35.74 100m: 1:19.38	93	Associação Académica de Coimbra 43.64	1:19.38 277

16 anos

1. Rui Correia, TINOCO 50m: 30.46 30.46 100m: 1:05.45	92	Ginásio Clube Figueirense 34.99	1:05.45 494
2. Tiago Rafael, LOPES 50m: 31.52 31.52 100m: 1:07.64	92	Associação Académica de Coimbra 36.12	1:07.64 447
3. Mario Joao, MARTINS 50m: 30.18 30.18 100m: 1:08.00	92	Clube Náutico de Miranda do Corvo 37.82	1:08.00 440
4. Guilherme Joao, PATRIARCA 50m: 31.95 31.95 100m: 1:10.26	92	Associação Académica de Coimbra 38.31	1:10.26 399
5. Diogo Remi, FAIM 50m: 32.00 32.00 100m: 1:11.55	92	Ginásio Clube Figueirense 39.55	1:11.55 378
6. Diogo Costa, FONTES 50m: 36.24 36.24 100m: 1:16.89	92	Associação Académica de Coimbra 40.65	1:16.89 305

17 - 18 anos

1. Miguel Silva, OLIVEIRA 50m: 27.37 27.37 100m: 58.38	91	Clube Náutico Académico 31.01	58.38 696
2. Pedro Fragoso, LOPES 50m: 28.90 28.90 100m: 1:01.25	90	A.S.S.S. Columbófila Cantanhedense 32.35	1:01.25 602
3. Joao Bernardo, ABRANTES 50m: 29.26 29.26 100m: 1:02.60	90	Clube Náutico Académico 33.34	1:02.60 564
4. Alexandre Augusto, MEDINA 50m: 30.10 30.10 100m: 1:04.20	90	Ginásio Clube Figueirense 34.10	1:04.20 523
5. Nelson Goncalves, JUDAS 50m: 30.62 30.62 100m: 1:06.07	91	Clube Náutico Académico 35.45	1:06.07 480
6. Jorge Miguel, MENDES 50m: 31.93 31.93 100m: 1:06.31	90	Clube Náutico Académico 34.38	1:06.31 475

Torneio "Dia Olímpico"
Coimbra, 10. - 11.5.2008

Prova 8, Masc., 100m Mariposa, 17 - 18 anos

Lugar	Ano	Tempo final	Pts
7. Goncalo Nuno, COSTA 50m: 30.74 30.74 100m: 1:07.83 37.09	90	Associação Académica de Coimbra	1:07.83 444
8. Tiago Filipe, LEAL 50m: 33.07 33.07 100m: 1:12.04 38.97	90	Associação Académica de Coimbra	1:12.04 370

19 anos e mais velhos

1. Bruno Miguel, AMARAL 50m: 30.15 30.15 100m: 1:04.05 33.90	89	Clube Náutico Académico	1:04.05 527
2. Carlos Octavio, FERNANDES 50m: 30.50 30.50 100m: 1:07.16 36.66	88	Associação Académica de Coimbra	1:07.16 457

Prova 9

Femin., 4 x 50m Livres

Open
Resultados

10.5.08 - 19:15

Pontos: FINA 2004

Lugar	Tempo final	Pts
1. Associação Académica de Coimbra 9 Nadia Filipa, MARQUES 92 30.67 Ines Barbosa, MOREIRA 92 30.65	Associação Académica de Coimbra Raquel Bartolo, VITOR 93 30.85 Ana Rita, COSTA 91 31.20	2:03.37 527
2. Associação Académica de Coimbra 1 Rita Amado, LAEZZA 95 30.63 Mariana Rocha, VALENTE 95 33.03	Associação Académica de Coimbra Joana Ines, OLIVEIRA 95 32.40 Ana Claudia, CORDEIRO 95 31.11	2:07.17 482
3. Clube Desportivo Lousanense 1 Catarina Alexandra, FERREIRA 95 31.63 Ana Luisa, CARVALHO 96 32.54	Clube Desportivo Lousanense Adriana Correia, LOPES 95 30.48 Raquel Raimundo, FERREIRA 95 34.11	2:08.76 464
4. Clube Náutico Académico 95 Carolina Cunha, MARTINS 95 31.53 Iris Catarina, AMARAL 95 32.51	Clube Náutico Académico Ana Rita, CABRAL 95 35.68 Mariana Pedroso, CARVALHO 95 33.76	2:13.48 416
5. Clube Náutico Académico 96 Maria Amelia, GASPAR 96 35.02 Ana Carolina, LEAL 96 33.58	Clube Náutico Académico Carlota Moura, CARVALHOS 96 35.49 Ana Carolina, CARVALHEIRA 96 34.86	2:18.95 369
6. Associação Académica de Coimbra Joana de Andrade, COSTA 96 35.81 Maria Miguel, SOUSA 96 40.05	Associação Académica de Coimbra Francisca Silva, MARQUES 96 36.08 Ana Rita, ARTUR 96 34.33	2:26.27 316

Prova 10

Masc., 4 x 50m Livres

Open
Resultados

10.5.08 - 19:20

Pontos: FINA 2004

Lugar	Tempo final	Pts
1. Associação Académica de Coimbra 3 Bruno Gustavo, NOGUEIRA 91 26.70 Pedro Octavio, FERNANDES 91 26.76	Associação Académica de Coimbra Carlos Octavio, FERNANDES 88 26.21 Hugo Rafael, RAMALHO 90 27.18	1:46.85 551
2. Associação Académica de Coimbra 6 Tiago Rafael, LOPES 92 27.49 Guilherme Joao, PATRIARCA 92 27.22	Associação Académica de Coimbra Andre Rocha, VALENTE 92 28.03 Andre Filipe, LOPES 92 25.90	1:48.64 524
3. A.S.S.S. Columbófila Cantanhedense 1 Pedro Fragoso, LOPES 90 26.77 Renan Camara, PEREIRA 93 27.55	A.S.S.S. Columbófila Cantanhedense Gustavo Alexandre, MENESES 92 27.29 Andre Marques, DINIS 93 28.13	1:49.74 509

Torneio "Dia Olímpico"
Coimbra, 10. - 11.5.2008

Prova 10, Masc., 4 x 50m Livres, Open

Lugar					Tempo final	Pts
4.	Associação Académica de Coimbra 14	Associação Académica de Coimbra			1:56.48	425
	<i>RR INF A</i>					
	Gustavo Almeida, MADUREIRA 94	28.04	Ruben Paiva, CARVALHO 94			30.50
	Joao Filipe, LUCAS 94	29.65	Pedro Barros, MENDES 94			28.29
5.	Associação Académica de Coimbra 4	Associação Académica de Coimbra			1:56.67	423
	Ricardo Miguel, ARAUJO 93	29.22	Diogo Emanuel, FERREIRA 93			29.40
	Joao Afonso, SANTOS 93	28.74	Pedro Daniel, CARVALHO 93			29.31
6.	Clube Náutico de Miranda do Corvo 1	Clube Náutico de Miranda do Corvo			2:00.18	387
	Rui Jorge, DIAS 95	30.13	Pedro Daniel, PINTO 94			31.33
	Miguel Angelo, BALTAZAR 94	30.66	Diogo Jose, SANTOS 94			28.06
7.	Clube Náutico Académico 94	Clube Náutico Académico			2:00.85	381
	Joao Pedro, VEIGA 94	30.06	Joao Barbosa, MOREIRA 94			
	Joao Nuno, PIRES 94		Joao Nuno, CONDE 94			30.37
8.	Associação Académica de Coimbra 13	Associação Académica de Coimbra			2:00.96	380
	<i>RR INF B</i>					
	Luis de, OLIVEIRA 95	29.34	Jose Antonio, FORTE 95			31.17
	Gustavo Lopes, RIBEIRO 95	30.86	Joao Andre, NEVES 95			29.59

2 - 2ª Jornada

11.5.08 - 10:00

Prova 11
11.5.08 - 10:00

Femin., 200m Estilos

12 anos e mais velhos
Resultados

Pontos: FINA 2004

Lugar		Ano				Tempo final	Pts
12 anos							
1.	Maria Joao, PAIXAO	96	Ginásio Clube Figueirense			2:59.33	394
	50m: 44.16 44.16 100m: 1:28.03		43.87 150m: 2:20.44 52.41 200m: 2:59.33				38.89
2.	Ana Carolina, LEAL	96	Clube Náutico Académico			2:59.60	392
	50m: 40.14 40.14 100m: 1:23.91		43.77 150m: 2:18.98 55.07 200m: 2:59.60				40.62
3.	Ana Carolina, CARVALHEIRA	96	Clube Náutico Académico			3:00.62	385
	50m: 40.13 40.13 100m: 1:25.14		45.01 150m: 2:20.06 54.92 200m: 3:00.62				40.56
4.	Maria Amelia, GASPAS	96	Clube Náutico Académico			3:02.50	374
	50m: 41.08 41.08 100m: 1:25.59		44.51 150m: 2:24.51 58.92 200m: 3:02.50				37.99
5.	Ana Luisa, CARVALHO	96	Clube Desportivo Lousanense			3:03.52	367
	50m: 42.49 42.49 100m: 1:30.90		48.41 150m: 2:23.30 52.40 200m: 3:03.52				40.22
6.	Carlota Moura, CARVALHOS	96	Clube Náutico Académico			3:04.31	363
	50m: 42.18 42.18 100m: 1:27.77		45.59 150m: 2:22.31 54.54 200m: 3:04.31				42.00
7.	Maria Ines, ALMEIDA	96	Clube Náutico Académico			3:05.74	354
	50m: 41.81 41.81 100m: 1:31.45		49.64 150m: 2:23.41 51.96 200m: 3:05.74				42.33
8.	Florbela Cavaco, MACHADO	96	A.S.S.S. Columbófila Cantanhedense			3:06.82	348
	50m: 43.74 43.74 100m: 1:34.11		50.37 150m: 2:29.42 55.31 200m: 3:06.82				37.40
9.	Ana Pinto, ALVES	96	A.S.S.S. Columbófila Cantanhedense			3:07.69	343
	50m: 42.96 42.96 100m: 1:31.56		48.60 150m: 2:26.24 54.68 200m: 3:07.69				41.45
10.	Ana Luisa, COSTA	96	Clube Náutico Académico			3:11.30	324
	50m: 46.80 46.80 100m: 1:34.46		47.66 150m: 2:30.41 55.95 200m: 3:11.30				40.89
11.	Filipa Costa, GASPAS	96	Junta Freguesia do Paião			3:11.41	324
	50m: 45.28 45.28 100m: 1:35.22		49.94 150m: 2:30.55 55.33 200m: 3:11.41				40.86
12.	Ana Rita, ARTUR	96	Associação Académica de Coimbra			3:11.99	321
	50m: 41.94 41.94 100m: 1:28.87		46.93 150m: 2:25.75 56.88 200m: 3:11.99				46.24

Torneio "Dia Olímpico"
Coimbra, 10. - 11.5.2008

Prova 11, Femin., 200m Estilos, 12 anos

Lugar	Ano	Tempo final	Pts
13. Maria Beatriz, RASCAO	96	Clube Náutico Académico	3:13.54 313
50m: 46.39 46.39 100m: 1:36.38	49.99 150m: 2:30.60 54.22	200m: 3:13.54	42.94
14. Joana de Andrade, COSTA	96	Associação Académica de Coimbra	3:21.94 276
50m: 41.27 41.27 100m: 1:33.55	52.28 150m: 2:37.34 1:03.79	200m: 3:21.94	44.60
15. Andreia Marina, PEDROSA	96	Junta Freguesia do Paião	3:26.61 257
50m: 50.66 50.66 100m: 1:45.31	54.65 150m: 2:41.00 55.69	200m: 3:26.61	45.61
16. Sofia Caramelo, FOLGADO	96	Clube Náutico Académico	3:27.67 254
50m: 48.17 48.17 100m: 1:38.48	50.31 150m: 2:43.25 1:04.77	200m: 3:27.67	44.42
17. Maria Miguel, SOUSA	96	Associação Académica de Coimbra	3:30.65 243
50m: 49.39 49.39 100m: 1:42.34	52.95 150m: 2:43.44 1:01.10	200m: 3:30.65	47.21
18. Francisca Silva, MARQUES	96	Associação Académica de Coimbra	3:31.83 239
50m: 46.58 46.58 100m: 1:42.59	56.01 150m: 2:46.06 1:03.47	200m: 3:31.83	45.77
DSQ Joana Faim, ALMEIDA	96	Ginásio Clube Figueirense	3:11.38
50m: 45.58 45.58 100m: 1:32.05	46.47 150m: 2:26.53 54.48	200m: 3:11.38	44.85
DNS Maria Ines, CARREIRA	96	Clube Náutico Académico	

13 anos

1. Tatiana Filipa, SANTOS	95	Ginásio Clube Figueirense	2:39.58 559
50m: 35.82 35.82 100m: 1:14.29	38.47 150m: 2:02.91 48.62	200m: 2:39.58	36.67
2. Adriana Correia, LOPES	95	Clube Desportivo Lousanense	2:43.73 517
50m: 35.94 35.94 100m: 1:19.52	43.58 150m: 2:06.72 47.20	200m: 2:43.73	37.01
3. Carolina Cunha, MARTINS	95	Clube Náutico Académico	2:47.09 487
50m: 36.21 36.21 100m: 1:21.07	44.86 150m: 2:09.33 48.26	200m: 2:47.09	37.76
4. Mariana Costa, SEBASTIAO	95	Ginásio Clube Figueirense	2:50.51 458
50m: 37.61 37.61 100m: 1:18.53	40.92 150m: 2:11.29 52.76	200m: 2:50.51	39.22
5. Joana Reis, VEIGA	95	Associação Académica de Coimbra	2:53.43 435
50m: 34.53 34.53 100m: 1:19.02	44.49 150m: 2:10.82 51.80	200m: 2:53.43	42.61
6. Ana Claudia, CORDEIRO	95	Associação Académica de Coimbra	2:54.72 426
50m: 41.24 41.24 100m: 1:26.98	45.74 150m: 2:13.79 46.81	200m: 2:54.72	40.93
7. Catarina Alexandra, FERREIRA	95	Clube Desportivo Lousanense	2:54.78 425
50m: 36.80 36.80 100m: 1:23.88	47.08 150m: 2:14.76 50.88	200m: 2:54.78	40.02
8. Joana Ines, OLIVEIRA	95	Associação Académica de Coimbra	2:58.74 398
50m: 40.95 40.95 100m: 1:26.55	45.60 150m: 2:20.99 54.44	200m: 2:58.74	37.75
9. Mariana Pedroso, CARVALHO	95	Clube Náutico Académico	2:59.16 395
50m: 37.70 37.70 100m: 1:22.70	45.00 150m: 2:18.17 55.47	200m: 2:59.16	40.99
10. Rita Amado, LAEZZA	95	Associação Académica de Coimbra	2:59.25 394
50m: 40.73 40.73 100m: 1:24.91	44.18 150m: 2:21.61 56.70	200m: 2:59.25	37.64
11. Mariana Rocha, VALENTE	95	Associação Académica de Coimbra	2:59.35 394
50m: 39.27 39.27 100m: 1:26.29	47.02 150m: 2:18.06 51.77	200m: 2:59.35	41.29
12. Iris Catarina, AMARAL	95	Clube Náutico Académico	2:59.81 391
50m: 39.76 39.76 100m: 1:24.54	44.78 150m: 2:19.34 54.80	200m: 2:59.81	40.47
13. Raquel Raimundo, FERREIRA	95	Clube Desportivo Lousanense	3:00.14 388
50m: 41.23 41.23 100m: 1:26.97	45.74 150m: 2:23.31 56.34	200m: 3:00.14	36.83
14. Sofia Verissimo, PEDROSA	95	Junta Freguesia do Paião	3:03.87 365
50m: 39.91 39.91 100m: 1:30.68	50.77 150m: 2:22.71 52.03	200m: 3:03.87	41.16
15. Beatriz Calvete, PEDROSA	95	Junta Freguesia do Paião	3:04.07 364
50m: 42.66 42.66 100m: 1:28.16	45.50 150m: 2:22.51 54.35	200m: 3:04.07	41.56
16. Ana Marta, FARIAS	95	Ginásio Clube Figueirense	3:06.07 352
50m: 42.60 42.60 100m: 1:27.94	45.34 150m: 2:24.15 56.21	200m: 3:06.07	41.92

Torneio "Dia Olímpico"
Coimbra, 10. - 11.5.2008

Prova 11, Femin., 200m Estilos, 13 anos

Lugar		Ano								Tempo final	Pts
17.	Joana Carolina, ALVES	95	Ginásio Clube Figueirense							3:16.14	301
	50m: 46.70 46.70	100m: 1:34.51	47.81	150m: 2:30.58	56.07	200m: 3:16.14	45.56				
18.	Mariana Coutinho, SOUTO	95	Associação Académica de Coimbra							3:17.06	297
	50m: 46.52 46.52	100m: 1:37.64	51.12	150m: 2:29.23	51.59	200m: 3:17.06	47.83				
19.	Ana Rita, CABRAL	95	Clube Náutico Académico							3:19.35	287
	50m: 48.31 48.31	100m: 1:40.37	52.06	150m: 2:35.51	55.14	200m: 3:19.35	43.84				
20.	Mariana Davide, ALVES	95	Junta Freguesia do Paião							3:26.62	257
	50m: 49.35 49.35	100m: 1:41.54	52.19	150m: 2:41.03	59.49	200m: 3:26.62	45.59				
DSQ	Claudia Filipa, SILVA	95	Clube Náutico de Miranda do Corvo							3:10.29	
	50m: 43.45 43.45	100m: 1:34.79	51.34	150m: 2:25.78	50.99	200m: 3:10.29	44.51				

14 anos

1.	Beatriz Rocha, NUNES	94	Ginásio Clube Figueirense							2:39.91	555
	50m: 34.15 34.15	100m: 1:15.14	40.99	150m: 2:02.96	47.82	200m: 2:39.91	36.95				
2.	Gabriela Oliveira, ANDRADE	94	Clube Náutico Académico							2:40.61	548
	50m: 36.39 36.39	100m: 1:19.71	43.32	150m: 2:04.22	44.51	200m: 2:40.61	36.39				
3.	Raquel Almeida, LIMA	94	Associação Beneficência Popular de Go...							2:49.10	470
	50m: 37.42 37.42	100m: 1:22.35	44.93	150m: 2:09.31	46.96	200m: 2:49.10	39.79				
4.	Elizabeth Maria, CARVALHO	94	Ginásio Clube Figueirense							2:56.08	416
	50m: 38.54 38.54	100m: 1:21.82	43.28	150m: 2:16.27	54.45	200m: 2:56.08	39.81				
5.	Joana Lopes, SILVESTRE	94	Clube Desportivo Lousanense							2:56.65	412
	50m: 36.84 36.84	100m: 1:23.24	46.40	150m: 2:16.50	53.26	200m: 2:56.65	40.15				
6.	Isabel Maria, SANTOS	94	Associação Beneficência Popular de Go...							2:57.94	403
	50m: 37.89 37.89	100m: 1:22.29	44.40	150m: 2:20.45	58.16	200m: 2:57.94	37.49				
7.	Cintia Cruz, CHUVA	94	Junta Freguesia do Paião							3:00.60	386
	50m: 40.22 40.22	100m: 1:28.54	48.32	150m: 2:19.12	50.58	200m: 3:00.60	41.48				
8.	Sofia Roque, DIAS	94	Associação Académica de Coimbra							3:02.64	373
	50m: 38.85 38.85	100m: 1:25.61	46.76	150m: 2:18.91	53.30	200m: 3:02.64	43.73				
9.	Bruna Miguel, PEREIRA	94	Associação Académica de Coimbra							3:05.07	358
	50m: 44.08 44.08	100m: 1:34.23	50.15	150m: 2:27.13	52.90	200m: 3:05.07	37.94				
10.	Filipa Goncalves, LOPES	94	A.S.S.S. Columbófila Cantanhedense							3:09.95	331
	50m: 44.37 44.37	100m: 1:29.36	44.99	150m: 2:31.02	1:01.66	200m: 3:09.95	38.93				
11.	Mariana Jordao, SILVA	94	Junta Freguesia do Paião							3:20.61	281
	50m: 48.76 48.76	100m: 1:37.40	48.64	150m: 2:37.16	59.76	200m: 3:20.61	43.45				
DSQ	Raquel Lopes, MARQUES	94	Associação Beneficência Popular de Go...							3:05.73	
	50m: 45.50 45.50	100m: 1:31.21	45.71	150m: 2:24.98	53.77	200m: 3:05.73	40.75				

15 - 16 anos

1.	Maria Miguel, VELOSO	93	Clube Náutico Académico							2:30.68	664
	50m: 32.94 32.94	100m: 1:11.37	38.43	150m: 1:56.97	45.60	200m: 2:30.68	33.71				
2.	Maria Ines, RIBEIRO	92	Clube Náutico Académico							2:32.91	635
	50m: 34.27 34.27	100m: 1:15.42	41.15	150m: 1:58.79	43.37	200m: 2:32.91	34.12				
3.	Nadia Filipa, MARQUES	92	Associação Académica de Coimbra							2:42.44	530
	50m: 35.89 35.89	100m: 1:14.99	39.10	150m: 2:04.23	49.24	200m: 2:42.44	38.21				
4.	Mafalda Proenca, PORTUGAL	93	Clube Náutico Académico							2:43.66	518
	50m: 36.41 36.41	100m: 1:17.52	41.11	150m: 2:05.81	48.29	200m: 2:43.66	37.85				
5.	Ana Luisa, ROJAO	93	Associação Beneficência Popular de Go...							2:44.31	512
	50m: 35.08 35.08	100m: 1:16.19	41.11	150m: 2:08.18	51.99	200m: 2:44.31	36.13				

Torneio "Dia Olímpico"
Coimbra, 10. - 11.5.2008

Prova 11, Femin., 200m Estilos, 15 - 16 anos

Lugar					Ano					Tempo final	Pts
6.	Raquel Bartolo, VITOR	93	Associação Académica de Coimbra				2:48.25	477			
	50m: 34.41 34.41	100m: 1:20.65	46.24	150m: 2:10.03	49.38	200m: 2:48.25	38.22				
7.	Ana Mafalda, OLIVEIRA	93	Junta Freguesia do Paião				2:48.49	475			
	50m: 37.07 37.07	100m: 1:20.34	43.27	150m: 2:09.95	49.61	200m: 2:48.49	38.54				
8.	Anaisa Silva, GONCALVES	93	Clube Náutico Académico				2:48.78	472			
	50m: 38.50 38.50	100m: 1:23.91	45.41	150m: 2:10.74	46.83	200m: 2:48.78	38.04				
9.	Tania Martins, GARCIA	92	Ginásio Clube Figueirense				2:49.18	469			
	50m: 38.20 38.20	100m: 1:19.31	41.11	150m: 2:12.57	53.26	200m: 2:49.18	36.61				
10.	Mafalda Moura, CARVALHOS	92	Clube Náutico Académico				2:54.40	428			
	50m: 39.42 39.42	100m: 1:22.86	43.44	150m: 2:15.36	52.50	200m: 2:54.40	39.04				
11.	Ana Coutinho, SOUTO	93	Associação Académica de Coimbra				2:57.64	405			
	50m: 40.21 40.21	100m: 1:27.19	46.98	150m: 2:18.54	51.35	200m: 2:57.64	39.10				
12.	Joana Silva, LARANJEIRA	93	Clube Náutico Académico				3:00.49	386			
	50m: 39.66 39.66	100m: 1:25.04	45.38	150m: 2:18.51	53.47	200m: 3:00.49	41.98				
13.	Patricia Sofia, GIRAÓ	93	Clube Náutico Académico				3:09.49	334			
	50m: 42.83 42.83	100m: 1:33.55	50.72	150m: 2:24.18	50.63	200m: 3:09.49	45.31				
14.	Ana Carlos, FERREIRA	93	Junta Freguesia do Paião				3:10.37	329			
	50m: 43.93 43.93	100m: 1:33.34	49.41	150m: 2:29.30	55.96	200m: 3:10.37	41.07				
15.	Sara Diana, OLIVEIRA	93	Ginásio Clube Figueirense				3:18.89	289			
	50m: 41.04 41.04	100m: 1:26.89	45.85	150m: 2:32.57	1:05.68	200m: 3:18.89	46.32				
DSQ	Catarina Oliveira, DINIS	93	Associação Académica de Coimbra				2:48.27				
	50m: 36.98 36.98	100m: 1:22.66	45.68	150m: 2:09.10	46.44	200m: 2:48.27	39.17				
DSQ	Ines Barbosa, MOREIRA	92	Associação Académica de Coimbra				2:49.34				
	50m: 38.47 38.47	100m: 1:19.19	40.72	150m: 2:11.70	52.51	200m: 2:49.34	37.64				
DNS	Filipa Ramos, RIBEIRO	93	Clube Náutico Académico								
DNS	Daniela Cristina, PAIVA	93	Ginásio Clube Figueirense								
DNS	Maria Joao, MOITA	92	Ginásio Clube Figueirense								

17 anos e mais velhos

1.	Solange Patricia, AZEVEDO	89	Clube Náutico Académico	2:39.40	561
	50m: 34.56 34.56 100m: 1:13.49	38.93 150m: 2:03.56 50.07 200m: 2:39.40	35.84		
2.	Sara Vieira, ALMEIDA	91	Associação Beneficência Popular de Go	2:43.00	524
	50m: 34.12 34.12 100m: 1:13.89	39.77 150m: 2:04.67 50.78 200m: 2:43.00	38.33		
3.	Ana Rita, COSTA	91	Associação Académica de Coimbra	2:45.95	497
	50m: 36.91 36.91 100m: 1:21.03	44.12 150m: 2:07.90 46.87 200m: 2:45.95	38.05		
4.	Raquel Cristiana, PAIVA	90	Clube Náutico de Miranda do Corvo	2:58.14	402
	50m: 36.39 36.39 100m: 1:20.78	44.39 150m: 2:16.98 56.20 200m: 2:58.14	41.16		
DNS	Ana Filipa, ROQUE	91	Associação Académica de Coimbra		

Torneio "Dia Olímpico"
Coimbra, 10. - 11.5.2008

Prova 12	Masc., 200m Estilos	13 anos e mais velhos
11.5.08 - 10:35		Resultados

Pontos: FINA 2004

Lugar	Ano										Tempo final	Pts
13 anos												
1.	Joao Andre, NEVES	95	Associação Académica de Coimbra	2:40.45	405							
	50m: 33.55 33.55	100m: 1:17.03	43.48 150m: 2:03.52	46.49	200m: 2:40.45	36.93						
2.	Luis de, OLIVEIRA	95	Associação Académica de Coimbra	2:41.37	399							
	50m: 35.70 35.70	150m: 2:06.30	1:30.60 200m: 2:41.37	35.07								
3.	Pedro Miguel, RIBEIRO	95	Associação Beneficência Popular de Go	2:42.82	388							
	50m: 37.40 37.40	100m: 1:20.37	42.97 150m: 2:04.78	44.41	200m: 2:42.82	38.04						
4.	Rui Jorge, DIAS	95	Clube Náutico de Miranda do Corvo	2:44.19	378							
	50m: 38.02 38.02	100m: 1:20.20	42.18 150m: 2:09.55	49.35	200m: 2:44.19	34.64						
5.	Luis Gabriel, SANTOS	95	Ginásio Clube Figueirense	2:46.49	363							
	50m: 33.80 33.80	100m: 1:17.63	43.83 150m: 2:08.65	51.02	200m: 2:46.49	37.84						
6.	Gustavo Lopes, RIBEIRO	95	Associação Académica de Coimbra	2:50.00	341							
	50m: 37.40 37.40	100m: 1:19.50	42.10 150m: 2:14.78	55.28	200m: 2:50.00	35.22						
7.	Guilherme Pedro, COELHO	95	Clube Náutico Académico	2:51.18	334							
	50m: 38.02 38.02	100m: 1:19.97	41.95 150m: 2:12.39	52.42	200m: 2:51.18	38.79						
8.	Tiago Miguel, ALVES	95	A.S.S.S. Columbófila Cantanhedense	2:53.30	322							
	50m: 38.02 38.02	100m: 1:25.00	46.98 150m: 2:14.37	49.37	200m: 2:53.30	38.93						
9.	Miguel Angelo, FIGUEIRA	95	A.S.S.S. Columbófila Cantanhedense	2:54.13	317							
	50m: 38.63 38.63	100m: 1:24.48	45.85 150m: 2:15.46	50.98	200m: 2:54.13	38.67						
10.	Jose Antonio, FORTE	95	Associação Académica de Coimbra	2:57.34	300							
	50m: 37.72 37.72	100m: 1:25.45	47.73 150m: 2:19.46	54.01	200m: 2:57.34	37.88						
11.	Rafael Joao, CORREIA	95	Clube Desportivo Lousanense	2:58.74	293							
	50m: 41.87 41.87	100m: 1:27.36	45.49 150m: 2:17.61	50.25	200m: 2:58.74	41.13						
12.	Fabio Marques, FERREIRA	95	Junta Freguesia do Paião	3:06.33	259							
	50m: 43.77 43.77	100m: 1:32.35	48.58 150m: 2:26.39	54.04	200m: 3:06.33	39.94						
13.	Diogo Andre, JORGE	95	Clube Náutico Académico	3:09.98	244							
	50m: 39.68 39.68	100m: 1:29.92	50.24 150m: 2:23.74	53.82	200m: 3:09.98	46.24						
14.	Miguel Coelho, COSTA	95	Associação Académica de Coimbra	3:12.17	236							
	50m: 42.66 42.66	100m: 1:31.58	48.92 150m: 2:28.95	57.37	200m: 3:12.17	43.22						
15.	Jose Miguel, FIGUEIRA	95	A.S.S.S. Columbófila Cantanhedense	3:12.36	235							
	50m: 43.86 43.86	100m: 1:34.67	50.81 150m: 2:31.39	56.72	200m: 3:12.36	40.97						
16.	Ruben Jordao, FERNANDES	95	Clube Náutico de Miranda do Corvo	3:12.76	234							
	50m: 41.67 41.67	100m: 1:29.46	47.79 150m: 2:30.19	1:00.73	200m: 3:12.76	42.57						
17.	Bernardo Tiago, ABREU	95	Associação Académica de Coimbra	3:18.58	214							
	50m: 47.67 47.67	100m: 1:36.72	49.05 150m: 2:36.39	59.67	200m: 3:18.58	42.19						
18.	Bernardo Gedeao, COUCEIRO	95	Associação Académica de Coimbra	3:28.36	185							
	50m: 48.72 48.72	100m: 1:44.74	56.02 150m: 2:39.22	54.48	200m: 3:28.36	49.14						
DSQ	Manuel Luis, SOUSA	95	Clube Náutico Académico	3:39.13								
	50m: 50.86 50.86	100m: 1:48.78	57.92 150m: 2:51.21	1:02.43	200m: 3:39.13	47.92						
DNS	Francisco Pais, BAPTISTA	95	Clube Náutico Académico									
DNS	Goncalo Ferreira, COROADO	95	Associação Académica de Coimbra									
DNS	Henrique Ferreira, COROADO	95	Associação Académica de Coimbra									

Torneio "Dia Olímpico"
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Prova 12, Masc., 200m Estilos

14 anos

1.	Diogo Cunha, GIRAÓ	94	A.S.S.S. Columbófila Cantanhedense	2:33.91	459
	50m: 33.82 33.82	100m: 1:11.70	37.88 150m: 1:59.75 48.05	200m: 2:33.91	34.16
2.	Pedro Barros, MENDES	94	Associação Académica de Coimbra	2:34.69	452
	50m: 34.35 34.35	100m: 1:14.95	40.60 150m: 1:59.44 44.49	200m: 2:34.69	35.25
3.	Joao Pedro, VEIGA	94	Clube Náutico Académico	2:36.17	440
	50m: 33.88 33.88	100m: 1:15.10	41.22 150m: 2:00.18 45.08	200m: 2:36.17	35.99
4.	Diogo Jose, SANTOS	94	Clube Náutico de Miranda do Corvo	2:37.75	427
	50m: 33.49 33.49	100m: 1:13.37	39.88 150m: 2:03.99 50.62	200m: 2:37.75	33.76
5.	Joao Filipe, LUCAS	94	Associação Académica de Coimbra	2:41.50	398
	50m: 34.04 34.04	100m: 1:16.97	42.93 150m: 2:04.81 47.84	200m: 2:41.50	36.69
6.	Joao Manuel, BORGES	94	Ginásio Clube Figueirense	2:43.47	383
	50m: 35.26 35.26	100m: 1:16.65	41.39 150m: 2:07.30 50.65	200m: 2:43.47	36.17
7.	Gustavo Almeida, MADUREIRA	94	Associação Académica de Coimbra	2:43.51	383
	50m: 34.42 34.42	100m: 1:17.11	42.69 150m: 2:07.26 50.15	200m: 2:43.51	36.25
8.	David Jose, FONSECA	94	A.S.S.S. Columbófila Cantanhedense	2:43.53	383
	50m: 35.34 35.34	100m: 1:18.68	43.34 150m: 2:06.91 48.23	200m: 2:43.53	36.62
9.	Joao Barbosa, MOREIRA	94	Clube Náutico Académico	2:44.24	378
	50m: 35.11 35.11	100m: 1:19.32	44.21 150m: 2:08.91 49.59	200m: 2:44.24	35.33
10.	Tiago Andre, SILVA	94	A.S.S.S. Columbófila Cantanhedense	2:45.08	372
	50m: 34.18 34.18	100m: 1:19.33	45.15 150m: 2:07.90 48.57	200m: 2:45.08	37.18
11.	Joao Nuno, CONDE	94	Clube Náutico Académico	2:47.03	359
	50m: 38.42 38.42	100m: 1:21.15	42.73 150m: 2:08.55 47.40	200m: 2:47.03	38.48
12.	Fabio Filipe, LOPES	94	Clube Desportivo Lousanense	2:47.72	355
	50m: 37.78 37.78	100m: 1:20.61	42.83 150m: 2:07.48 46.87	200m: 2:47.72	40.24
13.	Francisco Leonardes, ALVES	94	Associação Académica de Coimbra	2:48.31	351
	100m: 1:21.88 1:21.88	150m: 2:10.54	48.66 200m: 2:48.31 37.77		
14.	Joao Nuno, PIRES	94	Clube Náutico Académico	2:49.17	346
	50m: 37.75 37.75	100m: 1:21.00	43.25 150m: 2:10.34 49.34	200m: 2:49.17	38.83
15.	Pedro Daniel, PINTO	94	Clube Náutico de Miranda do Corvo	2:53.93	318
	50m: 38.65 38.65	100m: 1:25.53	46.88 150m: 2:14.92 49.39	200m: 2:53.93	39.01
16.	Ruben Paiva, CARVALHO	94	Associação Académica de Coimbra	2:54.21	317
	50m: 39.98 39.98	100m: 1:23.02	43.04 150m: 2:11.98 48.96	200m: 2:54.21	42.23
17.	David Alexandre, PEREIRA	94	Ginásio Clube Figueirense	2:58.05	297
	50m: 36.99 36.99	100m: 1:23.43	46.44 150m: 2:18.84 55.41	200m: 2:58.05	39.21
18.	Luan Accioly, MARTINS	94	Associação Académica de Coimbra	3:00.61	284
	50m: 37.87 37.87	100m: 1:24.50	46.63 150m: 2:19.40 54.90	200m: 3:00.61	41.21
DSQ	Miguel Angelo, BALTAZAR	94	Clube Náutico de Miranda do Corvo	2:46.80	
	50m: 34.73 34.73	100m: 1:20.77	46.04 150m: 2:10.07 49.30	200m: 2:46.80	36.73

15 anos

1.	Andre Duarte, VAZ	93	Ginásio Clube Figueirense	2:28.82	508
	50m: 32.11 32.11	100m: 1:09.84	37.73 150m: 1:54.39 44.55	200m: 2:28.82	34.43
2.	Renan Camara, PEREIRA	93	A.S.S.S. Columbófila Cantanhedense	2:30.50	491
	50m: 31.18 31.18	100m: 1:12.23	41.05 150m: 1:54.47 42.24	200m: 2:30.50	36.03
3.	Pedro Daniel, CARVALHO	93	Associação Académica de Coimbra	2:34.46	454
	50m: 31.41 31.41	100m: 1:12.15	40.74 150m: 1:56.14 43.99	200m: 2:34.46	38.32
4.	Daciano Egidio, SOUSA	93	Ginásio Clube Figueirense	2:36.16	440
	50m: 34.89 34.89	100m: 1:13.28	38.39 150m: 2:03.29 50.01	200m: 2:36.16	32.87

Torneio "Dia Olímpico"
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Prova 12, Masc., 200m Estilos, 15 anos

Lugar				Ano					Tempo final	Pts
5.	Ruben Filipe, REIS			93	Ginásio Clube Figueirense				2:37.98	425
	50m:	32.49	32.49	100m:	1:13.35	40.86	150m:	2:03.21	49.86	200m: 2:37.98 34.77
6.	Joao Miguel, ALMEIDA			93	Ginásio Clube Figueirense				2:38.06	424
	50m:	33.95	33.95	100m:	1:14.12	40.17	150m:	2:01.92	47.80	200m: 2:38.06 36.14
7.	Andre Marques, DINIS			93	A.S.S.S. Columbófila Cantanhedense				2:38.46	421
	50m:	34.40	34.40	100m:	1:17.53	43.13	150m:	2:04.50	46.97	200m: 2:38.46 33.96
8.	Diogo Emanuel, FERREIRA			93	Associação Académica de Coimbra				2:40.17	408
	50m:	33.02	33.02	100m:	1:12.20	39.18	150m:	2:05.18	52.98	200m: 2:40.17 34.99
9.	Nelson Fernandes, SILVA			93	Junta Freguesia do Paião				2:42.07	393
	50m:	33.33	33.33	100m:	1:17.25	43.92	150m:	2:06.06	48.81	200m: 2:42.07 36.01
10.	Nuno Correia, TINOCO			93	Ginásio Clube Figueirense				2:42.56	390
	50m:	34.58	34.58	100m:	1:15.26	40.68	150m:	2:05.07	49.81	200m: 2:42.56 37.49
11.	Ricardo Miguel, ARAUJO			93	Associação Académica de Coimbra				2:42.58	390
	50m:	34.55	34.55	100m:	1:18.41	43.86	150m:	2:08.09	49.68	200m: 2:42.58 34.49
12.	Joao Afonso, SANTOS			93	Associação Académica de Coimbra				2:42.65	389
	50m:	34.51	34.51	100m:	1:17.81	43.30	150m:	2:06.47	48.66	200m: 2:42.65 36.18
13.	Pedro Miguel, RODRIGUES			93	Junta Freguesia do Paião				2:46.24	364
	50m:	34.90	34.90	100m:	1:19.47	44.57	150m:	2:07.28	47.81	200m: 2:46.24 38.96
14.	Hugo Filipe, ALMEIDA			93	Associação Beneficência Popular de Gozém				2:46.70	361
	50m:	35.54	35.54	100m:	1:18.82	43.28	150m:	2:08.10	49.28	200m: 2:46.70 38.60
15.	Diogo Fonseca, COSTA			93	Junta Freguesia do Paião				2:48.94	347
	50m:	37.71	37.71	100m:	1:24.55	46.84	150m:	2:11.07	46.52	200m: 2:48.94 37.87
16.	Goncalo Raposeiro, FARIA			93	Ginásio Clube Figueirense				2:51.21	334
	50m:	40.99	40.99	100m:	1:25.27	44.28	150m:	2:12.77	47.50	200m: 2:51.21 38.44
17.	Daniel Afonso, CORREIA			93	Associação Académica de Coimbra				2:52.49	326
	50m:	37.01	37.01	100m:	1:21.54	44.53	150m:	2:14.17	52.63	200m: 2:52.49 38.32
DSQ	Miguel Jorge, SOUSA			93	Associação Beneficência Popular de Gozém				2:48.47	37.58
	50m:	38.94	38.94	100m:	1:23.76	44.82	150m:	2:10.89	47.13	200m: 2:48.47

16 anos

1.	Andre Filipe, LOPES			92	Associação Académica de Coimbra				2:21.39	592
	50m:	30.33	30.33	100m:	1:06.17	35.84	150m:	1:49.32	43.15	200m: 2:21.39 32.07
2.	Mario Alexandre, PEREIRA			92	Ginásio Clube Figueirense				2:27.86	518
	50m:	30.47	30.47	100m:	1:07.13	36.66	150m:	1:54.05	46.92	200m: 2:27.86 33.81
3.	Rui Correia, TINOCO			92	Ginásio Clube Figueirense				2:27.92	517
	50m:	30.50	30.50	100m:	1:07.49	36.99	150m:	1:52.93	45.44	200m: 2:27.92 34.99
4.	Tiago Rafael, LOPES			92	Associação Académica de Coimbra				2:27.93	517
	50m:	31.13	31.13	100m:	1:09.34	38.21	150m:	1:54.91	45.57	200m: 2:27.93 33.02
5.	Mario Joao, MARTINS			92	Clube Náutico de Miranda do Corvo				2:27.94	517
	50m:	30.40	30.40	100m:	1:10.32	39.92	150m:	1:56.07	45.75	200m: 2:27.94 31.87
6.	Guilherme Joao, PATRIARCA			92	Associação Académica de Coimbra				2:32.76	470
	50m:	32.42	32.42	100m:	1:11.89	39.47	150m:	1:57.86	45.97	200m: 2:32.76 34.90
7.	Andre Rocha, VALENTE			92	Associação Académica de Coimbra				2:36.66	436
	50m:	32.31	32.31	100m:	1:14.12	41.81	150m:	2:02.40	48.28	200m: 2:36.66 34.26
8.	Diogo Remi, FAIM			92	Ginásio Clube Figueirense				2:37.33	430
	50m:	31.46	31.46	100m:	1:13.27	41.81	150m:	2:00.77	47.50	200m: 2:37.33 36.56
9.	Marcelo Abreu, RODRIGUES			92	Associação Académica de Coimbra				2:42.09	393
	50m:	35.59	35.59	100m:	1:18.99	43.40	150m:	2:05.13	46.14	200m: 2:42.09 36.96

Torneio "Dia Olímpico"
Coimbra, 10. - 11.5.2008

Prova 12, Masc., 200m Estilos, 16 anos

Lugar				Ano				Tempo final				Pts
10.	Diogo Costa, FONTES			92	Associação Académica de Coimbra				2:43.21		385	
	50m:	34.81	34.81	100m:	1:19.42	44.61	150m:	2:05.96	46.54	200m:	2:43.21	37.25
11.	Nuno Alexandre, NEVES			92	Junta Freguesia do Paião				2:50.06		340	
	50m:	36.18	36.18	100m:	1:22.83	46.65	150m:	2:11.60	48.77	200m:	2:50.06	38.46

17 - 18 anos

1.	Miguel Silva, OLIVEIRA	91	Clube Náutico Académico	2:16.12	664
	50m: 28.35 28.35 100m: 1:04.13	35.78 150m: 1:43.65 39.52 200m: 2:16.12	32.47		
2.	Joao Bernardo, ABRANTES	90	Clube Náutico Académico	2:19.57	616
	50m: 29.81 29.81 100m: 1:06.19	36.38 150m: 1:48.40 42.21 200m: 2:19.57	31.17		
3.	Alexandre Augusto, MEDINA	90	Ginásio Clube Figueirense	2:20.06	609
	50m: 29.90 29.90 100m: 1:06.45	36.55 150m: 1:48.13 41.68 200m: 2:20.06	31.93		
4.	Pedro Fragoso, LOPES	90	A.S.S.S. Columbófila Cantanhedense	2:22.30	581
	50m: 28.79 28.79 100m: 1:06.46	37.67 150m: 1:50.01 43.55 200m: 2:22.30	32.29		
5.	Jorge Miguel, MENDES	90	Clube Náutico Académico	2:23.24	570
	50m: 31.93 31.93 100m: 1:08.17	36.24 150m: 1:51.73 43.56 200m: 2:23.24	31.51		
6.	Jorge Manuel, ROQUE	90	Ginásio Clube Figueirense	2:23.32	569
	50m: 28.26 28.26 100m: 1:06.34	38.08 150m: 1:50.02 43.68 200m: 2:23.32	33.30		
7.	Nelson Goncalves, JUDAS	91	Clube Náutico Académico	2:25.09	548
	50m: 30.94 30.94 100m: 1:08.74	37.80 150m: 1:53.28 44.54 200m: 2:25.09	31.81		
8.	Daniel Alexandre, RODRIGUES	91	Clube Náutico Académico	2:26.30	535
	50m: 31.61 31.61 100m: 1:09.71	38.10 150m: 1:53.72 44.01 200m: 2:26.30	32.58		
9.	Hugo Miguel, NUNES	90	Clube Náutico Académico	2:29.44	502
	50m: 32.79 32.79 100m: 1:11.00	38.21 150m: 1:55.44 44.44 200m: 2:29.44	34.00		
10.	Bruno Gustavo, NOGUEIRA	91	Associação Académica de Coimbra	2:29.85	498
	50m: 29.17 29.17 100m: 1:10.20	41.03 150m: 1:55.77 45.57 200m: 2:29.85	34.08		
11.	Goncalo Nuno, COSTA	90	Associação Académica de Coimbra	2:30.57	491
	50m: 31.26 31.26 100m: 1:12.82	41.56 150m: 1:57.29 44.47 200m: 2:30.57	33.28		
12.	Hugo Rafael, RAMALHO	90	Associação Académica de Coimbra	2:30.83	488
	50m: 31.31 31.31 100m: 1:11.51	40.20 150m: 1:58.13 46.62 200m: 2:30.83	32.70		
13.	Tiago Filipe, LEAL	90	Associação Académica de Coimbra	2:34.66	453
	50m: 32.30 32.30 100m: 1:16.68	44.38 150m: 2:01.42 44.74 200m: 2:34.66	33.24		
14.	Pedro Octavio, FERNANDES	91	Associação Académica de Coimbra	2:41.76	396
	50m: 32.82 32.82 100m: 1:16.26	43.44 150m: 2:03.14 46.88 200m: 2:41.76	38.62		
15.	Gustavo Rodrigues, AMADO	91	Clube Náutico Académico	2:44.06	379
	50m: 32.76 32.76 100m: 1:15.26	42.50 150m: 2:04.29 49.03 200m: 2:44.06	39.77		

19 anos e mais velhos

1.	Rui Miguel, FONSECA	88	Clube Náutico Académico	2:18.55	630
	50m: 28.48 28.48 100m: 1:04.26 35.78 150m: 1:47.63 43.37 200m: 2:18.55 30.92				
2.	Bruno Miguel, AMARAL	89	Clube Náutico Académico	2:24.63	554
	50m: 29.49 29.49 100m: 1:06.33 36.84 150m: 1:51.07 44.74 200m: 2:24.63 33.56				
3.	Carlos Octavio, FERNANDES	88	Associação Académica de Coimbra	2:27.65	520
	50m: 30.33 30.33 100m: 1:07.50 37.17 150m: 1:53.69 46.19 200m: 2:27.65 33.96				

Torneio "Dia Olímpico"
Coimbra, 10. - 11.5.2008

Prova 13 11.5.08 - 11:25	Femin., 200m Bruços	12 anos e mais velhos Resultados
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Pontos: FINA 2004

Lugar	Ano								Tempo final		Pts
12 anos											
1.	Maria Ines, ALMEIDA				96	Clube Náutico Académico				3:28.02	331
	50m:	47.12	47.12	100m:	1:40.99	53.87	150m:	2:34.14	53.15	200m:	53.88
2.	Joana Faim, ALMEIDA				96	Ginásio Clube Figueirense				3:32.77	309
	50m:	47.94	47.94	100m:	1:41.16	53.22	150m:	2:37.17	56.01	200m:	55.60
3.	Florbela Cavaco, MACHADO				96	A.S.S.S. Columbófila Cantanhedense				3:34.88	300
	50m:	51.27	51.27	100m:	1:46.23	54.96	150m:	2:40.51	54.28	200m:	54.37
4.	Maria Beatriz, RASCAO				96	Clube Náutico Académico				3:38.43	286
	50m:	49.07	49.07	100m:	1:44.54	55.47	150m:	2:42.05	57.51	200m:	56.38
5.	Andreia Marina, PEDROSA				96	Junta Freguesia do Paião				3:45.34	260
	50m:	52.35	52.35	100m:	1:49.35	57.00	150m:	2:49.12	59.77	200m:	56.22
6.	Maria Miguel, SOUSA				96	Associação Académica de Coimbra				3:55.10	229
	50m:	54.22	54.22	100m:	1:53.67	59.45	150m:	2:56.20	1:02.53	200m:	58.90
7.	Francisca Silva, MARQUES				96	Associação Académica de Coimbra				3:59.97	215
	50m:	54.68	54.68	100m:	1:55.60	1:00.92	150m:	2:58.25	1:02.65	200m:	1:01.72

13 anos

1.	Ana Claudia, CORDEIRO				95	Associação Académica de Coimbra				3:08.17	447
	50m:	43.78	43.78	100m:	1:32.10	48.32	150m:	2:20.38	48.28	200m:	47.79
2.	Mariana Coutinho, SOUTO				95	Associação Académica de Coimbra				3:21.66	363
	50m:	46.94	46.94	100m:	1:39.00	52.06	150m:	2:30.96	51.96	200m:	50.70
3.	Claudia Filipa, SILVA				95	Clube Náutico de Miranda do Corvo				3:23.00	356
	50m:	47.58	47.58	100m:	1:39.23	51.65	150m:	2:31.74	52.51	200m:	51.26
4.	Beatriz Calvete, PEDROSA				95	Junta Freguesia do Paião				3:24.59	348
	50m:	46.22	46.22	100m:	1:40.17	53.95	150m:	2:33.19	53.02	200m:	51.40
5.	Ana Rita, CABRAL				95	Clube Náutico Académico				3:24.88	346
	50m:	46.60	46.60	100m:	1:39.26	52.66	150m:	2:32.44	53.18	200m:	52.44
6.	Joana Carolina, ALVES				95	Ginásio Clube Figueirense				3:43.55	266
	50m:	51.07	51.07	100m:	1:49.76	58.69	150m:	2:46.26	56.50	200m:	57.29

14 anos

1.	Gabriela Oliveira, ANDRADE				94	Clube Náutico Académico				3:00.07	510
	50m:	42.01	42.01	100m:	1:27.54	45.53	150m:	2:14.56	47.02	200m:	45.51
2.	Raquel Almeida, LIMA				94	Associação Beneficência Popular de Go...				3:06.03	462
	50m:	42.07	42.07	100m:	1:30.33	48.26	150m:	2:17.15	46.82	200m:	48.88
3.	Sofia Roque, DIAS				94	Associação Académica de Coimbra				3:24.79	347
	50m:	46.04	46.04	100m:	1:36.92	50.88	150m:	2:31.75	54.83	200m:	53.04
4.	Filipa Goncalves, LOPES				94	A.S.S.S. Columbófila Cantanhedense				3:55.06	229
	50m:	54.15	54.15	100m:	1:55.19	1:01.04	150m:	2:55.23	1:00.04	200m:	59.83

15 - 16 anos

1.	Maria Ines, RIBEIRO				92	Clube Náutico Académico				2:51.47	590
	50m:	39.52	39.52	100m:	1:22.30	42.78	150m:	2:06.51	44.21	200m:	44.96
2.	Catarina Oliveira, DINIS				93	Associação Académica de Coimbra				3:10.20	433
	50m:	43.95	43.95	100m:	1:32.36	48.41	150m:	2:21.96	49.60	200m:	48.24

Torneio "Dia Olímpico"
Coimbra, 10. - 11.5.2008

Prova 13, Femin., 200m Bruços, 15 - 16 anos

Lugar	Ano	Tempo final	Pts
3. Anaisa Silva, GONCALVES	93 Clube Náutico Académico	3:11.74	422
50m: 43.92 43.92 100m: 1:32.33 48.41 150m: 2:21.54 49.21 200m: 3:11.74 50.20			
4. Patricia Sofia, GIRAÓ	93 Clube Náutico Académico	3:25.52	343
50m: 46.79 46.79 100m: 1:39.14 52.35 150m: 2:32.52 53.38 200m: 3:25.52 53.00			

17 anos e mais velhos

1. Ana Rita, COSTA	91 Associação Académica de Coimbra	3:04.57	473
50m: 42.40 42.40 100m: 1:29.24 46.84 150m: 2:17.24 48.00 200m: 3:04.57 47.33			
DNS Ana Filipa, ROQUE	91 Associação Académica de Coimbra		

Prova 14

Masc., 200m Bruços

13 anos e mais velhos

11.5.08 - 11:35

Resultados

Pontos: FINA 2004

Lugar	Ano	Tempo final	Pts
13 anos			
1. Joao Andre, NEVES	95 Associação Académica de Coimbra	2:58.33	390
50m: 41.40 41.40 100m: 1:27.55 46.15 150m: 2:12.38 44.83 200m: 2:58.33 45.95			
2. Rui Jorge, DIAS	95 Clube Náutico de Miranda do Corvo	3:02.19	365
50m: 42.71 42.71 100m: 1:30.04 47.33 150m: 2:17.53 47.49 200m: 3:02.19 44.66			
3. Pedro Miguel, RIBEIRO	95 Associação Beneficência Popular de Góvilas	3:03.21	359
50m: 41.04 41.04 100m: 1:27.58 46.54 150m: 2:16.59 49.01 200m: 3:03.21 46.62			
4. Luis de, OLIVEIRA	95 Associação Académica de Coimbra	3:13.56	305
50m: 44.36 44.36 100m: 1:33.48 49.12 150m: 2:23.75 50.27 200m: 3:13.56 49.81			
5. Tiago Miguel, ALVES	95 A.S.S.S. Columbófila Cantanhedense	3:16.84	290
50m: 44.94 44.94 100m: 1:35.55 50.61 150m: 2:25.87 50.32 200m: 3:16.84 50.97			
6. Jose Antonio, FORTE	95 Associação Académica de Coimbra	3:26.95	249
50m: 48.63 48.63 100m: 1:40.66 52.03 150m: 2:34.73 54.07 200m: 3:26.95 52.22			
7. Gustavo Lopes, RIBEIRO	95 Associação Académica de Coimbra	3:29.12	242
50m: 49.16 49.16 100m: 1:43.24 54.08 150m: 2:37.61 54.37 200m: 3:29.12 51.51			
8. Fabio Marques, FERREIRA	95 Junta Freguesia do Paião	3:31.27	234
50m: 47.46 47.46 100m: 1:42.49 55.03 150m: 2:38.64 56.15 200m: 3:31.27 52.63			
9. Diogo Andre, JORGE	95 Clube Náutico Académico	3:32.01	232
50m: 46.69 46.69 100m: 1:40.66 53.97 150m: 2:37.10 56.44 200m: 3:32.01 54.91			
10. Bernardo Gedeao, COUCEIRO	95 Associação Académica de Coimbra	3:33.97	226
50m: 48.06 48.06 100m: 1:44.00 55.94 150m: 2:38.78 54.78 200m: 3:33.97 55.19			
11. Miguel Coelho, COSTA	95 Associação Académica de Coimbra	3:45.39	193
50m: 50.85 50.85 100m: 1:49.92 59.07 150m: 2:48.96 59.04 200m: 3:45.39 56.43			
12. Jose Miguel, FIGUEIRA	95 A.S.S.S. Columbófila Cantanhedense	3:51.13	179
50m: 52.38 52.38 100m: 1:52.77 1:00.39 150m: 2:52.35 59.58 200m: 3:51.13 58.78			
DNS Henrique Ferreira, COROADO	95 Associação Académica de Coimbra		
DNS Goncalo Ferreira, COROADO	95 Associação Académica de Coimbra		

14 anos

1. Joao Pedro, VEIGA	94 Clube Náutico Académico	2:51.18	440
50m: 39.29 39.29 100m: 1:24.27 44.98 150m: 2:08.17 43.90 200m: 2:51.18 43.01			
2. Pedro Barros, MENDES	94 Associação Académica de Coimbra	2:56.83	400
50m: 40.79 40.79 100m: 1:26.12 45.33 150m: 2:12.44 46.32 200m: 2:56.83 44.39			

Torneio "Dia Olímpico"
Coimbra, 10. - 11.5.2008

Prova 14, Masc., 200m Bruços, 14 anos

Lugar		Ano								Tempo final	Pts
3.	Miguel Angelo, BALTAZAR	94	Clube Náutico de Miranda do Corvo	3:13.99	303						
	50m: 45.26 45.26 100m: 1:34.68		49.42 150m: 2:25.61 50.93 200m: 3:13.99		48.38						
4.	Pedro Daniel, PINTO	94	Clube Náutico de Miranda do Corvo	3:14.35	301						
	50m: 44.82 44.82 100m: 1:34.87		50.05 150m: 2:24.70 49.83 200m: 3:14.35		49.65						

15 anos

1.	Renan Camara, PEREIRA	93	A.S.S.S. Columbófila Cantanhedense	2:45.40	488						
	50m: 36.71 36.71 100m: 1:17.10		40.39 150m: 2:01.62 44.52 200m: 2:45.40		43.78						
2.	Pedro Daniel, CARVALHO	93	Associação Académica de Coimbra	2:52.17	433						
	50m: 39.84 39.84 100m: 1:24.90		45.06 150m: 2:09.06 44.16 200m: 2:52.17		43.11						
3.	Joao Miguel, ALMEIDA	93	Ginásio Clube Figueirense	3:07.21	337						
	50m: 41.32 41.32 100m: 1:29.40		48.08 150m: 2:17.76 48.36 200m: 3:07.21		49.45						
4.	Diogo Fonseca, COSTA	93	Junta Freguesia do Paião	3:08.15	332						
	50m: 43.30 43.30 100m: 1:31.03		47.73 150m: 2:21.05 50.02 200m: 3:08.15		47.10						
5.	Goncalo Raposeiro, FARIA	93	Ginásio Clube Figueirense	3:13.31	306						
	50m: 43.92 43.92 100m: 1:34.16		50.24 150m: 2:25.26 51.10 200m: 3:13.31		48.05						

16 anos

1.	Nuno Alexandre, NEVES	92	Junta Freguesia do Paião	3:00.60	375						
	50m: 40.37 40.37 100m: 1:26.55		46.18 150m: 2:14.85 48.30 200m: 3:00.60		45.75						
2.	Diogo Costa, FONTES	92	Associação Académica de Coimbra	3:02.22	365						
	50m: 42.05 42.05 100m: 1:27.82		45.77 150m: 2:14.93 47.11 200m: 3:02.22		47.29						
3.	Marcelo Abreu, RODRIGUES	92	Associação Académica de Coimbra	3:03.52	357						
	50m: 42.38 42.38 100m: 1:29.22		46.84 150m: 2:16.81 47.59 200m: 3:03.52		46.71						

17 - 18 anos

1.	Miguel Silva, OLIVEIRA	91	Clube Náutico Académico	2:36.28	579						
	50m: 35.10 35.10 100m: 1:14.81		39.71 150m: 1:55.42 40.61 200m: 2:36.28		40.86						
2.	Alexandre Augusto, MEDINA	90	Ginásio Clube Figueirense	2:43.27	508						
	50m: 37.31 37.31 100m: 1:19.13		41.82 150m: 2:01.26 42.13 200m: 2:43.27		42.01						
3.	Pedro Fragoso, LOPES	90	A.S.S.S. Columbófila Cantanhedense	2:44.10	500						
	50m: 37.13 37.13 100m: 1:18.24		41.11 150m: 2:01.24 43.00 200m: 2:44.10		42.86						
4.	Hugo Miguel, NUNES	90	Clube Náutico Académico	2:47.82	467						
	50m: 38.36 38.36 100m: 1:21.71		43.35 150m: 2:04.93 43.22 200m: 2:47.82		42.89						
5.	Joao Bernardo, ABRANTES	90	Clube Náutico Académico	2:48.18	464						
	50m: 38.34 38.34 100m: 1:20.73		42.39 150m: 2:05.32 44.59 200m: 2:48.18		42.86						
6.	Goncalo Nuno, COSTA	90	Associação Académica de Coimbra	2:52.82	428						
	50m: 39.40 39.40 100m: 1:23.36		43.96 150m: 2:08.52 45.16 200m: 2:52.82		44.30						
7.	Tiago Filipe, LEAL	90	Associação Académica de Coimbra	2:54.36	417						
	50m: 39.62 39.62 100m: 1:24.79		45.17 150m: 2:09.79 45.00 200m: 2:54.36		44.57						
8.	Gustavo Rodrigues, AMADO	91	Clube Náutico Académico	3:02.40	364						
	50m: 39.99 39.99 100m: 1:28.06		48.07 150m: 2:16.51 48.45 200m: 3:02.40		45.89						

Torneio "Dia Olímpico"
Coimbra, 10. - 11.5.2008

Prova 15 11.5.08 - 11:55	Femin., 200m Costas	12 anos e mais velhos Resultados
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Pontos: FINA 2004

Lugar	Ano								Tempo final		Pts
12 anos											
1.	Ana Carolina, CARVALHEIRA				96	Clube Náutico Académico				2:56.34	386
	50m:	41.97	41.97	100m:	1:27.03	45.06	150m:	2:12.66	45.63	200m:	2:56.34 43.68
2.	Maria Amelia, GASPAS				96	Clube Náutico Académico				2:58.48	372
	50m:	43.22	43.22	100m:	1:28.39	45.17	150m:	2:14.40	46.01	200m:	2:58.48 44.08
3.	Ana Carolina, LEAL				96	Clube Náutico Académico				3:01.31	355
	50m:	42.30	42.30	100m:	1:28.22	45.92	150m:	2:16.42	48.20	200m:	3:01.31 44.89
4.	Carlota Moura, CARVALHOS				96	Clube Náutico Académico				3:03.48	343
	50m:	43.20	43.20	100m:	1:30.55	47.35	150m:	2:17.96	47.41	200m:	3:03.48 45.52
5.	Ana Luisa, CARVALHO				96	Clube Desportivo Lousanense				3:04.52	337
	50m:	43.24	43.24	100m:	1:30.25	47.01	150m:	2:17.35	47.10	200m:	3:04.52 47.17
6.	Ana Rita, ARTUR				96	Associação Académica de Coimbra				3:04.82	335
	50m:	43.26	43.26	100m:	1:31.57	48.31	150m:	2:19.38	47.81	200m:	3:04.82 45.44
7.	Ana Luisa, COSTA				96	Clube Náutico Académico				3:05.40	332
	50m:	45.41	45.41	100m:	1:32.83	47.42	150m:	2:19.60	46.77	200m:	3:05.40 45.80
8.	Filipa Costa, GASPAS				96	Junta Freguesia do Paião				3:06.65	326
	50m:	44.95	44.95	100m:	1:33.01	48.06	150m:	2:22.42	49.41	200m:	3:06.65 44.23
9.	Ana Pinto, ALVES				96	A.S.S.S. Columbófila Cantanhedense				3:11.24	303
	50m:	45.77	45.77	100m:	1:35.14	49.37	150m:	2:24.29	49.15	200m:	3:11.24 46.95
10.	Joana de Andrade, COSTA				96	Associação Académica de Coimbra				3:17.41	275
	50m:	49.06	49.06	100m:	1:41.01	51.95	150m:	2:31.22	50.21	200m:	3:17.41 46.19
11.	Sofia Caramelo, FOLGADO				96	Clube Náutico Académico				3:21.89	257
	50m:	48.20	48.20	100m:	1:39.67	51.47	150m:	2:33.33	53.66	200m:	3:21.89 48.56
DSQ	Maria Joao, PAIXAO				96	Ginásio Clube Figueirense				2:54.80	
	50m:	41.59	41.59	100m:	1:26.19	44.60	150m:	2:12.33	46.14	200m:	2:54.80 42.47
DNS	Maria Ines, CARREIRA				96	Clube Náutico Académico					

13 anos

1.	Tatiana Filipa, SANTOS	95	Ginásio Clube Figueirense							2:31.86	604
	RR INF A										
	50m: 35.83 35.83 100m: 1:13.69		37.86 150m: 1:53.18 39.49					200m: 2:31.86		38.68	
2.	Mariana Costa, SEBASTIAO	95	Ginásio Clube Figueirense							2:42.90	490
	50m: 38.09 38.09 100m: 1:18.98		40.89 150m: 2:01.55 42.57					200m: 2:42.90		41.35	
3.	Adriana Correia, LOPES	95	Clube Desportivo Lousanense							2:47.49	451
	50m: 39.31 39.31 100m: 1:21.22		41.91 150m: 2:05.41 44.19					200m: 2:47.49		42.08	
4.	Carolina Cunha, MARTINS	95	Clube Náutico Académico							2:53.59	405
	50m: 41.18 41.18 100m: 1:26.28		45.10 150m: 2:10.87 44.59					200m: 2:53.59		42.72	
5.	Rita Amado, LAEZZA	95	Associação Académica de Coimbra							2:54.63	398
	50m: 41.20 41.20 100m: 1:25.75		44.55 150m: 2:11.26 45.51					200m: 2:54.63		43.37	
6.	Mariana Rocha, VALENTE	95	Associação Académica de Coimbra							2:56.24	387
	50m: 41.50 41.50 100m: 1:26.52		45.02 150m: 2:12.03 45.51					200m: 2:56.24		44.21	
7.	Ana Marta, FARIAS	95	Ginásio Clube Figueirense							2:56.35	386
	50m: 40.44 40.44 100m: 1:25.38		44.94 150m: 2:12.18 46.80					200m: 2:56.35		44.17	
8.	Joana Ines, OLIVEIRA	95	Associação Académica de Coimbra							2:59.64	365
	50m: 43.36 43.36 100m: 1:29.16		45.80 150m: 2:15.69 46.53					200m: 2:59.64		43.95	
9.	Iris Catarina, AMARAL	95	Clube Náutico Académico							2:59.69	365
	50m: 41.72 41.72 100m: 1:27.73		46.01 150m: 2:13.73 46.00					200m: 2:59.69		45.96	

Torneio "Dia Olímpico"
Coimbra, 10. - 11.5.2008

Prova 15, Femin., 200m Costas, 13 anos

Lugar		Ano								Tempo final	Pts
10.	Catarina Alexandra, FERREIRA	95	Clube Desportivo Lousanense							3:01.33	355
	50m: 42.93 42.93 100m: 1:29.13		46.20 150m: 2:17.33 48.20						200m: 3:01.33		44.00
11.	Mariana Davide, ALVES	95	Junta Freguesia do Paião							3:25.52	244
	50m: 49.63 49.63 100m: 1:41.30		51.67 150m: 2:34.61 53.31						200m: 3:25.52		50.91

14 anos

1.	Elizabeth Maria, CARVALHO	94	Ginásio Clube Figueirense							2:50.37	428
	50m: 40.29 40.29 100m: 1:23.41		43.12 150m: 2:08.48 45.07						200m: 2:50.37		41.89
2.	Isabel Maria, SANTOS	94	Associação Beneficência Popular de Go...							2:55.22	393
	50m: 41.43 41.43 100m: 1:26.52		45.09 150m: 2:12.52 46.00						200m: 2:55.22		42.70
3.	Raquel Lopes, MARQUES	94	Associação Beneficência Popular de Go...							2:58.13	375
	50m: 42.87 42.87 100m: 1:27.77		44.90 150m: 2:14.16 46.39						200m: 2:58.13		43.97
4.	Joana Lopes, SILVESTRE	94	Clube Desportivo Lousanense							3:03.54	342
	50m: 42.23 42.23 100m: 1:28.71		46.48 150m: 2:15.78 47.07						200m: 3:03.54		47.76
5.	Cintia Cruz, CHUVA	94	Junta Freguesia do Paião							3:04.78	336
	50m: 44.20 44.20 100m: 1:31.16		46.96 150m: 2:19.45 48.29						200m: 3:04.78		45.33
6.	Bruna Miguel, PEREIRA	94	Associação Académica de Coimbra							3:07.95	319
	50m: 45.48 45.48 100m: 1:35.10		49.62 150m: 2:23.97 48.87						200m: 3:07.95		43.98
7.	Mariana Jordao, SILVA	94	Junta Freguesia do Paião							3:12.37	297
	50m: 44.25 44.25 100m: 1:32.81		48.56 150m: 2:24.50 51.69						200m: 3:12.37		47.87

15 - 16 anos

1.	Nadia Filipa, MARQUES	92	Associação Académica de Coimbra							2:38.52	531
	50m: 36.66 36.66 100m: 1:16.67		40.01 150m: 1:58.24 41.57						200m: 2:38.52		40.28
2.	Tania Martins, GARCIA	92	Ginásio Clube Figueirense							2:40.69	510
	50m: 37.84 37.84 100m: 1:17.53		39.69 150m: 1:59.12 41.59						200m: 2:40.69		41.57
3.	Ines Barbosa, MOREIRA	92	Associação Académica de Coimbra							2:43.49	484
	50m: 39.36 39.36 100m: 1:20.28		40.92 150m: 2:02.38 42.10						200m: 2:43.49		41.11
4.	Mafalda Proenca, PORTUGAL	93	Clube Náutico Académico							2:44.33	477
	50m: 37.38 37.38 100m: 1:18.59		41.21 150m: 2:02.14 43.55						200m: 2:44.33		42.19
5.	Ana Luisa, ROJAO	93	Associação Beneficência Popular de Go...							2:49.40	435
	50m: 39.05 39.05 100m: 1:22.95		43.90 150m: 2:07.64 44.69						200m: 2:49.40		41.76
6.	Ana Mafalda, OLIVEIRA	93	Junta Freguesia do Paião							2:51.77	418
	50m: 39.41 39.41 100m: 1:23.12		43.71 150m: 2:08.79 45.67						200m: 2:51.77		42.98
7.	Mafalda Moura, CARVALHOS	92	Clube Náutico Académico							2:53.28	407
	50m: 40.76 40.76 100m: 1:24.41		43.65 150m: 2:09.85 45.44						200m: 2:53.28		43.43
8.	Joana Silva, LARANJEIRA	93	Clube Náutico Académico							2:58.48	372
	50m: 43.32 43.32 100m: 1:28.77		45.45 150m: 2:15.99 47.22						200m: 2:58.48		42.49
9.	Ana Coutinho, SOUTO	93	Associação Académica de Coimbra							3:01.96	351
	50m: 43.42 43.42 100m: 1:29.08		45.66 150m: 2:17.41 48.33						200m: 3:01.96		44.55
10.	Ana Carlos, FERREIRA	93	Junta Freguesia do Paião							3:10.21	308
	50m: 43.98 43.98 100m: 1:33.34		49.36 150m: 2:22.24 48.90						200m: 3:10.21		47.97
11.	Sara Diana, OLIVEIRA	93	Ginásio Clube Figueirense							3:12.08	299
	50m: 44.82 44.82 100m: 1:33.89		49.07 150m: 2:23.44 49.55						200m: 3:12.08		48.64
DNS	Maria Joao, MOITA	92	Ginásio Clube Figueirense								
DNS	Daniela Cristina, PAIVA	93	Ginásio Clube Figueirense								
DNS	Filipa Ramos, RIBEIRO	93	Clube Náutico Académico								

Torneio "Dia Olímpico"
Coimbra, 10. - 11.5.2008

Prova 15, Femin., 200m Costas

17 anos e mais velhos

1.	Solange Patricia, AZEVEDO	89	Clube Náutico Académico	2:28.89	641
	50m: 35.77 35.77 100m: 1:13.33		37.56 150m: 1:51.13 37.80	200m: 2:28.89 37.76	
2.	Sara Vieira, ALMEIDA	91	Associação Beneficência Popular de Coimbra	2:41.28	505
	50m: 37.55 37.55 100m: 1:17.83		40.28 150m: 2:00.71 42.88	200m: 2:41.28 40.57	
3.	Raquel Cristiana, PAIVA	90	Clube Náutico de Miranda do Corvo	2:59.25	368
	50m: 41.07 41.07 100m: 1:26.32		45.25 150m: 2:12.91 46.59	200m: 2:59.25 46.34	

Prova 16

Masc., 200m Costas

13 anos e mais velhos

11.5.08 - 12:20

Resultados

Pontos: FINA 2004

Lugar	Ano										Tempo final	Pts	
13 anos													
1.	Guilherme Pedro, COELHO					95	Clube Náutico Académico					2:48.43	333
	50m:	39.02	39.02	100m:	1:20.74		41.72	150m:	2:05.41	44.67	200m:	2:48.43	43.02
2.	Miguel Angelo, FIGUEIRA					95	A.S.S.S. Columbófila Cantanhedense					2:52.05	312
	50m:	40.52	40.52	100m:	1:25.46		44.94	150m:	2:09.18	43.72	200m:	2:52.05	42.87
3.	Rafael Joao, CORREIA					95	Clube Desportivo Lousanense					2:58.17	281
	50m:	42.01	42.01	100m:	1:27.51		45.50	150m:	2:13.40	45.89	200m:	2:58.17	44.77
4.	Ruben Jordao, FERNANDES					95	Clube Náutico de Miranda do Corvo					3:03.00	259
	50m:	44.03	44.03	100m:	1:30.02		45.99	150m:	2:18.51	48.49	200m:	3:03.00	44.49
5.	Bernardo Tiago, ABREU					95	Associação Académica de Coimbra					3:13.79	218
	50m:	47.05	47.05	100m:	1:36.28		49.23	150m:	2:26.97	50.69	200m:	3:13.79	46.82
6.	Manuel Luis, SOUSA					95	Clube Náutico Académico					3:39.10	151
	50m:	52.12	52.12	100m:	1:47.43		55.31	150m:	2:45.88	58.45	200m:	3:39.10	53.22
DNS	Francisco Pais, BAPTISTA					95	Clube Náutico Académico						

14 anos

1.	Diogo Jose, SANTOS	94	Clube Náutico de Miranda do Corvo	2:37.18	409
	50m: 36.80 36.80 100m: 1:17.32		40.52 150m: 1:57.73 40.41	200m: 2:37.18 39.45	
2.	Francisco Leonardes, ALVES	94	Associação Académica de Coimbra	2:43.89	361
	50m: 38.84 38.84 100m: 1:21.09		42.25 150m: 2:03.09 42.00	200m: 2:43.89 40.80	
3.	Fabio Filipe, LOPES	94	Clube Desportivo Lousanense	2:45.13	353
	50m: 39.23 39.23 100m: 1:21.35		42.12 150m: 2:04.38 43.03	200m: 2:45.13 40.75	
4.	Joao Filipe, LUCAS	94	Associação Académica de Coimbra	2:45.32	352
	50m: 39.38 39.38 100m: 1:22.09		42.71 150m: 2:04.89 42.80	200m: 2:45.32 40.43	
5.	David Jose, FONSECA	94	A.S.S.S. Columbófila Cantanhedense	2:45.59	350
	50m: 39.09 39.09 100m: 1:21.10		42.01 150m: 2:03.98 42.88	200m: 2:45.59 41.61	
6.	Gustavo Almeida, MADUREIRA	94	Associação Académica de Coimbra	2:45.91	348
	50m: 38.80 38.80 100m: 1:21.06		42.26 150m: 2:04.33 43.27	200m: 2:45.91 41.58	
7.	Joao Nuno, PIRES	94	Clube Náutico Académico	2:46.10	347
	50m: 38.92 38.92 100m: 1:21.83		42.91 150m: 2:05.60 43.77	200m: 2:46.10 40.50	
8.	Joao Nuno, CONDE	94	Clube Náutico Académico	2:49.10	329
	50m: 39.48 39.48 100m: 1:22.61		43.13 150m: 2:06.17 43.56	200m: 2:49.10 42.93	
9.	Ruben Paiva, CARVALHO	94	Associação Académica de Coimbra	2:51.15	317
	50m: 39.97 39.97 100m: 1:22.71		42.74 150m: 2:08.24 45.53	200m: 2:51.15 42.91	
10.	Luan Accioly, MARTINS	94	Associação Académica de Coimbra	2:56.55	289
	50m: 43.75 43.75 100m: 1:29.29		45.54 150m: 2:13.79 44.50	200m: 2:56.55 42.76	

Torneio "Dia Olímpico"
Coimbra, 10. - 11.5.2008

Prova 16, Masc., 200m Costas, 14 anos

Lugar	Ano	Tempo final	Pts
11. David Alexandre, PEREIRA	94	2:58.04	282
50m: 40.97 40.97 100m: 1:26.64 45.67 150m: 2:13.20 46.56 200m: 2:58.04			44.84

15 anos

1. Ruben Filipe, REIS	93	2:33.88	436
50m: 35.65 35.65 100m: 1:14.59 38.94 150m: 1:55.42 40.83 200m: 2:33.88			38.46
2. Daciano Egidio, SOUSA	93	2:37.48	407
50m: 36.41 36.41 100m: 1:17.27 40.86 150m: 1:58.73 41.46 200m: 2:37.48			38.75
3. Diogo Emanuel, FERREIRA	93	2:37.98	403
50m: 39.20 39.20 100m: 1:20.47 41.27 150m: 2:00.30 39.83 200m: 2:37.98			37.68
4. Nuno Correia, TINOCO	93	2:40.13	387
50m: 37.13 37.13 100m: 1:18.23 41.10 150m: 1:59.51 41.28 200m: 2:40.13			40.62
5. Joao Afonso, SANTOS	93	2:44.98	354
50m: 39.70 39.70 100m: 1:21.18 41.48 150m: 2:05.01 43.83 200m: 2:44.98			39.97
6. Hugo Filipe, ALMEIDA	93	2:45.46	351
50m: 38.77 38.77 100m: 1:20.58 41.81 150m: 2:04.18 43.60 200m: 2:45.46			41.28
7. Nelson Fernandes, SILVA	93	2:47.02	341
50m: 38.96 38.96 100m: 1:22.22 43.26 150m: 2:05.73 43.51 200m: 2:47.02			41.29
8. Daniel Afonso, CORREIA	93	2:48.07	335
50m: 39.74 39.74 100m: 1:21.95 42.21 150m: 2:05.57 43.62 200m: 2:48.07			42.50
9. Pedro Miguel, RODRIGUES	93	2:55.27	295
50m: 40.57 40.57 100m: 1:24.75 44.18 150m: 2:10.73 45.98 200m: 2:55.27			44.54
DSQ Miguel Jorge, SOUSA	93	2:54.90	
50m: 40.62 40.62 100m: 1:24.62 44.00 150m: 2:10.79 46.17 200m: 2:54.90			44.11

16 anos

1. Rui Correia, TINOCO	92	2:27.64	494
50m: 34.44 34.44 100m: 1:11.25 36.81 150m: 1:49.98 38.73 200m: 2:27.64			37.66
2. Tiago Rafael, LOPES	92	2:34.65	430
50m: 36.03 36.03 100m: 1:15.41 39.38 150m: 1:56.45 41.04 200m: 2:34.65			38.20
3. Mario Joao, MARTINS	92	2:34.82	428
50m: 36.13 36.13 100m: 1:15.34 39.21 150m: 1:55.45 40.11 200m: 2:34.82			39.37
4. Guilherme Joao, PATRIARCA	92	2:36.22	417
50m: 37.22 37.22 100m: 1:17.54 40.32 150m: 1:57.53 39.99 200m: 2:36.22			38.69
5. Diogo Remi, FAIM	92	2:45.03	354
50m: 37.79 37.79 100m: 1:19.88 42.09 150m: 2:03.70 43.82 200m: 2:45.03			41.33

17 - 18 anos

1. Jorge Miguel, MENDES	90	2:19.86	581
50m: 34.12 34.12 100m: 1:09.32 35.20 150m: 1:44.87 35.55 200m: 2:19.86			34.99
2. Nelson Goncalves, JUDAS	91	2:25.31	518
50m: 34.27 34.27 100m: 1:10.70 36.43 150m: 1:49.42 38.72 200m: 2:25.31			35.89
3. Pedro Octavio, FERNANDES	91	2:36.58	414
50m: 36.51 36.51 100m: 1:16.64 40.13 150m: 1:56.98 40.34 200m: 2:36.58			39.60

19 anos e mais velhos

1. Carlos Octavio, FERNANDES	88	2:19.13	590
50m: 33.73 33.73 100m: 1:08.99 35.26 150m: 1:44.65 35.66 200m: 2:19.13			34.48

Torneio "Dia Olímpico"
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Prova 16, Masc., 200m Costas, 19 anos e mais velhos

Lugar	Ano	Tempo final	Pts
2. Bruno Miguel, AMARAL	89 Clube Náutico Académico	2:20.55	572
50m: 33.85 33.85 100m: 1:09.37 35.52 150m: 1:45.45 36.08 200m: 2:20.55 35.10			

Prova 17

Femin., 200m Mariposa

12 anos e mais velhos

11.5.08 - 12:35

Resultados

Pontos: FINA 2004

Lugar	Ano	Tempo final	Pts
13 anos			
1. Sofia Verissimo, PEDROSA	95 Junta Freguesia do Paião	2:54.22	384
50m: 37.16 37.16 100m: 1:21.11 43.95 150m: 2:07.79 46.68 200m: 2:54.22 46.43			
2. Joana Reis, VEIGA	95 Associação Académica de Coimbra	3:00.64	344
50m: 36.39 36.39 100m: 1:18.49 42.10 150m: 2:09.73 51.24 200m: 3:00.64 50.91			
3. Mariana Pedroso, CARVALHO	95 Clube Náutico Académico	3:02.64	333
50m: 37.85 37.85 100m: 1:25.04 47.19 150m: 2:14.01 48.97 200m: 3:02.64 48.63			
4. Raquel Raimundo, FERREIRA	95 Clube Desportivo Lousanense	3:10.50	294
50m: 40.21 40.21 100m: 1:28.00 47.79 150m: 2:20.12 52.12 200m: 3:10.50 50.38			

14 anos

1. Beatriz Rocha, NUNES	94 Ginásio Clube Figueirense	2:37.48	520
50m: 34.76 34.76 100m: 1:14.18 39.42 150m: 1:55.68 41.50 200m: 2:37.48 41.80			

15 - 16 anos

1. Maria Miguel, VELOSO	93 Clube Náutico Académico	2:24.74	669
50m: 33.28 33.28 100m: 1:09.79 36.51 150m: 1:47.28 37.49 200m: 2:24.74 37.46			
2. Raquel Bartolo, VITOR	93 Associação Académica de Coimbra	2:44.13	459
50m: 35.57 35.57 100m: 1:16.76 41.19 150m: 2:01.07 44.31 200m: 2:44.13 43.06			

Prova 18

Masc., 200m Mariposa

13 anos e mais velhos

11.5.08 - 12:40

Resultados

Pontos: FINA 2004

Lugar	Ano	Tempo final	Pts
13 anos			
1. Luis Gabriel, SANTOS	95 Ginásio Clube Figueirense	2:45.35	338
50m: 34.99 34.99 100m: 1:16.67 41.68 150m: 2:01.48 44.81 200m: 2:45.35 43.87			
14 anos			
1. Diogo Cunha, GIRAÓ	94 A.S.S.S. Columbófila Cantanhedense	2:38.30	385
50m: 35.58 35.58 100m: 1:17.37 41.79 150m: 1:58.33 40.96 200m: 2:38.30 39.97			
2. Joao Manuel, BORGES	94 Ginásio Clube Figueirense	2:55.67	282
50m: 37.63 37.63 100m: 1:22.99 45.36 150m: 2:08.72 45.73 200m: 2:55.67 46.95			
3. Joao Barbosa, MOREIRA	94 Clube Náutico Académico	2:56.13	279
50m: 37.79 37.79 100m: 1:21.73 43.94 150m: 2:10.69 48.96 200m: 2:56.13 45.44			
4. Tiago Andre, SILVA	94 A.S.S.S. Columbófila Cantanhedense	2:56.58	277
50m: 37.64 37.64 100m: 1:23.15 45.51 150m: 2:10.63 47.48 200m: 2:56.58 45.95			

Torneio "Dia Olímpico"
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Prova 18, Masc., 200m Mariposa

15 anos

1.	Andre Duarte, VAZ	93	Ginásio Clube Figueirense	2:33.96	418
	50m: 32.41 32.41 100m: 1:10.06		37.65 150m: 1:51.01 40.95 200m: 2:33.96		42.95
2.	Andre Marques, DINIS	93	A.S.S.S. Columbófila Cantanhedense	2:46.40	331
	50m: 36.43 36.43 100m: 1:18.24		41.81 150m: 2:02.28 44.04 200m: 2:46.40		44.12
3.	Ricardo Miguel, ARAUJO	93	Associação Académica de Coimbra	2:53.22	294
	50m: 35.96 35.96 100m: 1:19.77		43.81 150m: 2:06.94 47.17 200m: 2:53.22		46.28

16 anos

1.	Andre Filipe, LOPES	92	Associação Académica de Coimbra	2:20.53	550
	50m: 31.76 31.76 100m: 1:07.20		35.44 150m: 1:43.89 36.69 200m: 2:20.53		36.64
2.	Mario Alexandre, PEREIRA	92	Ginásio Clube Figueirense	2:24.80	503
	50m: 32.56 32.56 100m: 1:10.21		37.65 150m: 1:47.66 37.45 200m: 2:24.80		37.14
3.	Andre Rocha, VALENTE	92	Associação Académica de Coimbra	2:43.95	346
	50m: 34.94 34.94 100m: 1:16.10		41.16 150m: 1:59.65 43.55 200m: 2:43.95		44.30

17 - 18 anos

1.	Jorge Manuel, ROQUE	90	Ginásio Clube Figueirense	2:08.93	712
	50m: 28.89 28.89 100m: 1:01.50		32.61 150m: 1:34.88 33.38 200m: 2:08.93		34.05
2.	Hugo Rafael, RAMALHO	90	Associação Académica de Coimbra	2:23.36	518
	50m: 31.89 31.89 100m: 1:07.70		35.81 150m: 1:45.47 37.77 200m: 2:23.36		37.89
3.	Daniel Alexandre, RODRIGUES	91	Clube Náutico Académico	2:31.11	442
	50m: 31.81 31.81 100m: 1:10.14		38.33 150m: 1:50.23 40.09 200m: 2:31.11		40.88
DSQ	Bruno Gustavo, NOGUEIRA	91	Associação Académica de Coimbra	2:37.98	
	50m: 33.08 33.08 100m: 1:10.74		37.66 150m: 1:56.74 46.00 200m: 2:37.98		41.24

19 anos e mais velhos

1.	Rui Miguel, FONSECA	88	Clube Náutico Académico	2:14.89	622
	50m: 29.88 29.88 100m: 1:03.12		33.24 150m: 1:38.15 35.03 200m: 2:14.89		36.74

Prova 19
11.5.08 - 12:55

Femin., 4 x 50m Estilos

Open
Resultados

Pontos: FINA 2004

Lugar				Tempo final	Pts
1.	Associação Académica de Coimbra 10	Associação Académica de Coimbra	2:16.56	542	
	Nadia Filipa, MARQUES 92	34.39 Raquel Bartolo, VITOR 93			33.41
	Catarina Oliveira, DINIS 93	38.24 Ines Barbosa, MOREIRA 92			30.52
2.	Associação Académica de Coimbra 13	Associação Académica de Coimbra	2:22.89	473	
	Mariana Rocha, VALENTE 95	39.11 Joana Reis, VEIGA 95			34.05
	Ana Claudia, CORDEIRO 95	39.15 Rita Amado, LAEZZA 95			30.58
3.	Clube Náutico Académico 95	Clube Náutico Académico	2:29.65	412	
	Iris Catarina, AMARAL 95	40.20 Mariana Pedroso, CARVALHO 95			36.64
	Ana Rita, CABRAL 95	41.99 Carolina Cunha, MARTINS 95			30.82
4.	Clube Náutico Académico 96	Clube Náutico Académico	2:39.13	342	
	Ana Carolina, CARVALHEIRA 96	40.07 Maria Amelia, GASPAS 96			39.32
	Carlota Moura, CARVALHOS 96	46.10 Ana Carolina, LEAL 96			33.64
5.	Associação Académica de Coimbra 12	Associação Académica de Coimbra	2:50.23	280	
	Ana Rita, ARTUR 96	41.42 Joana de Andrade, COSTA 96			
	Maria Miguel, SOUSA 96	Francisca Silva, MARQUES 96			36.92

Torneio "Dia Olímpico"
Coimbra, 10. - 11.5.2008

Prova 19, Femin., 4 x 50m Estilos, Open

Lugar				Tempo final	Pts
DSQ	Clube Desportivo Lousanense 2		Clube Desportivo Lousanense		
	Joana Lopes, SILVESTRE	94	39.68	Adriana Correia, LOPES	95
	Catarina Alexandra, FERREIRA	95	40.92	Ana Luisa, CARVALHO	96

Prova 20

Masc., 4 x 50m Estilos

Open

11.5.08 - 13:00

Resultados

Pontos: FINA 2004

Lugar				Tempo final	Pts
1.	Associação Académica de Coimbra 2		Associação Académica de Coimbra	1:59.18	557
	Carlos Octavio, FERNANDES	88	31.05	Bruno Gustavo, NOGUEIRA	91
	Pedro Octavio, FERNANDES	91	34.26	Goncalo Nuno, COSTA	90
2.	A.S.S.S. Columbófila Cantanhedense 1		A.S.S.S. Columbófila Cantanhedense	2:00.82	535
	Gustavo Alexandre, MENESES	92	31.35	Pedro Fragoso, LOPES	90
	Renan Camara, PEREIRA	93	33.56	Andre Marques, DINIS	93
3.	Associação Académica de Coimbra 13		Associação Académica de Coimbra	2:12.89	402
	Joao Filipe, LUCAS	94	36.55	Pedro Barros, MENDES	94
	Ruben Paiva, CARVALHO	94	36.88	Gustavo Almeida, MADUREIRA	94
4.	Clube Náutico Académico 94		Clube Náutico Académico	2:15.24	381
	Joao Nuno, PIRES	94	35.59	Joao Barbosa, MOREIRA	94
	Joao Pedro, VEIGA	94	35.72	Joao Nuno, CONDE	94
5.	Clube Náutico de Miranda do Corvo 1		Clube Náutico de Miranda do Corvo	2:16.17	374
	Diogo Jose, SANTOS	94	33.29	Miguel Angelo, BALTAZAR	94
	Rui Jorge, DIAS	95	38.64	Pedro Daniel, PINTO	94
6.	Associação Académica de Coimbra 14		Associação Académica de Coimbra	2:22.32	327
	Gustavo Lopes, RIBEIRO	95	37.67	Jose Antonio, FORTE	95
	Joao Andre, NEVES	95	38.86	Luis de, OLIVEIRA	95
DSQ	Associação Académica de Coimbra 1		Associação Académica de Coimbra		
	Tiago Rafael, LOPES	92	33.62	Andre Filipe, LOPES	92
	Guilherme Joao, PATRIARCA	92		Andre Rocha, VALENTE	92
DSQ	Associação Académica de Coimbra 5		Associação Académica de Coimbra		
	Diogo Emanuel, FERREIRA	93	34.73	Ricardo Miguel, ARAUJO	93
	Pedro Daniel, CARVALHO	93	34.68	Joao Afonso, SANTOS	93